

Sigaretta Elettronica

E-Cigarettes: Perspectives, Regulation and Health Effects René Ebersbach 2020-09-18 *E-Cigarettes: Perspectives, Regulation and Health Effects* reviews the current literature relevant to college students and e-cigarette use, with emphasis on the perceived risks and benefits of use, and discusses how this information may be applied to future interventions in this population. E-cigarettes are battery-operated devices, vape pens, e-hookah, e-cigars, e-pipes, or other electronic nicotine delivery systems. They are designed to heat a liquid solution that emulates smoking using a smoke-free technique. Ongoing studies of nicotine salts and by-products such as N-nitrosornicotine and nicotine and their physiological effects are also reviewed.

Public Health Consequences of E-cigarettes National Academies of Sciences, Engineering, and Medicine (U.S.). Committee on the Review of the Health Effects of Electronic Nicotine Delivery Systems 2018 "Millions of Americans use e-cigarettes, even as rates of smoking combustible tobacco cigarettes continue to decline among youth and adults. In 2016 youth e-cigarette use was substantially higher than cigarette smoking or use of any other tobacco product. The Center for Tobacco Products of the Food and Drug Administration requested that the National Academies of Sciences, Engineering, and Medicine convene a committee of experts to conduct a review of the available evidence of the health effects related to the use of e-cigarettes and identify future federally funded research needs. The resulting report is a comprehensive and systematic review of the literature that evaluates the evidence about e-cigarettes and health, highlights gaps that are a priority for future research, and makes recommendations to improve the quality of this research." -National Academies web site.

Neuroscience of Nicotine Victor R. Preedy 2019-03-20 *Neuroscience of Nicotine: Mechanisms and Treatment* presents the fundamental information necessary for a thorough understanding of the neurobiological underpinnings of nicotine addiction and its effects on the brain. Offering thorough coverage of all aspects of nicotine research, treatment, policy and prevention, and containing contributions from internationally recognized experts, the book provides students, early-career researchers, and investigators at all levels with a fundamental introduction to all aspects of nicotine misuse. With an estimated one billion individuals worldwide classified as tobacco users—and tobacco use often being synonymous with nicotine addiction—nicotine is one of the world's most common addictive substances, and a frequent comorbidity of misuse of other common addictive substances. Nicotine alters a variety of neurological processes, from molecular biology, to cognition, and quitting is exceedingly difficult because of the number of withdrawal symptoms that accompany the process. Integrates cutting-edge research on the pharmacological, cellular and molecular aspects of nicotine use, along with its effects on neurobiological function. Discusses nicotine use as a component of dual-use and poly addictions and outlines numerous screening and treatment strategies for misuse. Covers both the physical and psychological effects of nicotine use and withdrawal to provide a fully-formed view of nicotine dependency and its effects.

Child Nicotine Poisoning Prevention Act of 2014 United States. Congress. Senate. Committee on Commerce, Science, and Transportation 2014 *Nicotine Treatments: Fighting to Breathe Again* Eric Benac Nicotine use is the leading cause of preventable death in the United States, with approximately 1,300 people dying from the effects of tobacco-related diseases every day. The Centers for Disease Control and Prevention estimates that tobacco users die, on average, ten years earlier than non-users do, often due to diseases that affect their ability to breathe properly. This book provides information on the dangers of nicotine addiction and how the body and brain are affected by this drug. The purpose of the series SMOKING AND VAPING ADDICTION is to examine various forms of nicotine use that are commonly used by teens and young adults, presenting information about the risks and dangers of taking this drug. The books in this series include information about the physical side effects and dangers of nicotine. The effect of nicotine use on society is also discussed. This series provides young readers with a greater understanding of the dangers of nicotine and how this drug has affected American culture and society over the past few decades.

DNA and RNA Jenny Chen 2016-07-15 *DNA and RNA* explores Friedrich Miescher's major scientific discovery in 1869 when he isolated DNA for the first time, forever changing our understanding of the building blocks of the human body. The book looks at Miescher's path to isolating DNA and the ways that his work influenced James Watson and Francis Crick, who discovered the double helix in 1953. *DNA and RNA* describes the many ways that these discoveries are relevant to our lives, as well as the numerous ethical implications of the discoveries.

The Dangers of Vaping Lisa Idzikowski 2019-12-15 Vaping is the act of smoking an e-cigarette or a similar device. These devices don't produce smoke, but they're still dangerous. The vapor that e-cigarette users inhale and exhale includes fine particles with toxic chemicals. Many of these chemicals are carcinogens that are also linked to respiratory and heart disease. Many e-cigarettes use a liquid that contains nicotine. Other people use e-cigarettes to vape other drugs. Readers will learn the truth about vaping and how to address peer pressure to try it. Informative fact boxes provide readers with statistics regarding the dangers of this popular activity.

The Regulation of E-cigarettes Lukasz Gruszczynski 2019 Combining the insights of leading legal scholars and public health experts, this unique book analyses the various legal problems that are emerging at different levels of governance (international, European and national) in the context of the regulation of e-cigarettes. The expert authors assess in depth the possible application of the precautionary and harm reduction principles in this area, examine the legal constraints imposed on states by international and European rules, as well as the regulatory approaches currently in place in selected national jurisdictions.

E-Cigarettes and the Comparative Politics of Harm Reduction Virginia Berridge 2023-05-30 This open access book offers the first in-depth study of the history and current debates surrounding electronic cigarettes comparing the UK, US and Australia. Since their introduction, e-cigarettes have been the subject of much public, media and regulatory attention, with discussion centring on whether these devices encourage or discourage smoking. This study delves into the history of policymaking and institutions in three countries which have taken different approaches to the regulation of e-cigarettes. In the UK, the tradition of harm reduction through nicotine has helped form a response which has endorsed e-cigarettes, though not without considerable controversy. In contrast, the US has a cessation-only anti-tobacco agenda, and Australia has effectively banned e-cigarettes. This book argues that each country frames the long-term use of nicotine differently and prioritises the health of different groups within the population of smokers or non-smokers, set against a broad backdrop of national responses to addiction. By taking this comparative approach, the authors explore the relationship between history, evidence and policy in public health more widely.

Peer Pressure to Smoke Or Vape: Finding the Strength in You Eric Benac Peer pressure is a problem that everybody has to deal with at some point in their lives. During the middle-school and high-school years, peer pressure can be very hard to resist. During this time, many young people are pressured to try cigarettes, electronic vapor devices, or other tobacco products for the very first time. If they give in, they could develop a lifelong habit that could destroy their health. This book explains how peer pressure works, as well as how to resist it. The purpose of the series SMOKING AND VAPING ADDICTION is to examine various forms of nicotine use that are commonly used by teens and young adults, presenting information about the risks and dangers of taking this drug. The books in this series include information about the physical side effects and dangers of nicotine. The effects of nicotine use on society are also discussed. This series provides young readers with a greater understanding of the dangers of nicotine and how this drug has affected American culture and society over the past few decades.

ECigarettes American Academy of Pediatrics 2017-08-14 Get high-impact research and analysis on e-cigarette use, tobacco smoking, cannabis vaping, and nicotine poisoning. This curated collection provides in-depth knowledge on how children are using e-cigarettes, the connection between them and tobacco smoking, and strategies to prevent youth vaping and smoking.

Quit Vaping Brad Lamm 2020-04-07 A simple, proven 28-day program that shows you how to quit vaping and will help you stop for good! This simple, 28-day program provides specific actions to take, day by day, as you free yourself from nicotine addiction. Key information and special considerations throughout help and guide parents of young vapers through the process as well. Learn how to create a quit plan, build a support team, follow a detox,

change your inner dialogue, manage your cravings, and become a non-vaper. Certified interventionist Brad Lamm debunks the myths spread by the thriving e-cigarette industry and its supporters, revealing the truth about the effects of inhaling these highly dangerous aerosols. Then he offers a step-by-step blueprint to break free of its grip. The plan offers a rich variety of strategies, tactics, hacks, exercises, research, and inspiring stories of people who have quit the habit using Lamm's proven program. A PENGUIN LIFE TITLE

Science and Practice for Heated Tobacco Products Takahiro Tabuchi 2021-01-22 The main focus of this book is providing evidence on and interpreting the risks associated with heated tobacco products (HTPs) in terms of their health effects and social effects; in addition, the author introduces a harm reduction theory related to HTPs and electronic cigarettes. The book also addresses the history of these products, their marketing strategies, and policy implications. These products are new and the accompanying health risks have yet to be determined. However, since Japan accounts for more than 80% of the world's market for IQOS, the most popular heated tobacco product, researchers around the globe will be very interested in the outcomes. Written by a leading researcher in the field of tobacco control, *Science and Practice for Heated Tobacco Products* offers a valuable, unique resource for researchers in the fields of epidemiology, public health, social sciences, addiction, and tobacco research. Since tobacco is associated with a host of diseases including cancers, cardiovascular diseases, diabetes mellitus, and respiratory illnesses, researchers and healthcare workers whose work involves these diseases will find this book both thought provoking and insightful.

The Vaping Controversy Laurie Collier Hillstrom 2019-09-03 This work provides an evenhanded and authoritative overview of vaping and its impact on American culture and public health, especially among younger Americans. The 21st Century Turning Points series is a one-stop resource for understanding the people and events changing America today. This volume is devoted to the rapid rise of vaping across the nation, especially among young people. This trend has prompted fierce debate in communities across the country, with some people heralding "e-cigarettes" and other vaping devices as valuable smoking cessation tools and others condemning them for being unhealthy in their own right—and a gateway to future cigarette consumption. *The Vaping Controversy* describes the key events and people that provided the foundation for the rise of e-cigarettes and vaping, from governmental and medical efforts to reduce traditional cigarette smoking to the emergence and rapid spread of an entire industry devoted to selling vaping devices and accessories. This volume also explores how vaping has influenced youth culture and high school life, its impact on "old school" tobacco companies, and the increasingly visible partisan divide in attitudes about the public health impact of vaping.

Vape Mania Melvin Provario 2014-01-27 Also available from Vaporacle, the *Vape Mania* sequel, *Angel of Vape*. Buy both books to enjoy the full experience. *Vape Mania* is The laugh out loud comedy of the year! And a first of its kind too. Introducing the one and only fiction book that features a vaper as the main character. *Vape Mania* does to the world of electronic cigarettes what the movie *King Pin* did to the world of bowling. Follow one man's hilarious downward spiral into the "seedy world" of vape addiction and laugh your atty off while doing it. Those who have read *Vape Mania* who have commented on it at e-cigarette-forum describe themselves reading it -- "laughing out loud with tears rolling down my cheeks" -- and describe this book as "absolutely hilarious and very true to what goes on." Others have said of *Vape Mania*: "it's been a long long time since a book made me laugh out loud" and "Great read I'm savoring it like Five Pawns." If your are into vaping, this book is a must have for your juice shelf. If you are a newbie and want to learn something about the world of vaping while having a blast doing it, this book is for you. You already have enough juice coming via vape mail to last the next decade. So it's time to get your copy of *Vape Mania*. What are you waiting for? You won't regret it.

e-Cigarettes Elissa Bass 2015-07-15 *The Risks of Addictive Nicotine and Toxic Chemicals: E-cigarettes are sold to help people quit using cigarettes but they present dangers of their own. Despite assurances from producers that the devices are safe, there are warnings from health experts that they use can be addictive and contain carcinogens. Included among the sidebars is one detailing the real dangers of these devices to children. Teens can learn the benefits of these devices, what's in the vapor they are inhaling, how the vapor can harm them, and the improper way e-cigs are used. They can also discover ways they can help others kick the e-cigarette habit.*

Analytical Assessment of e-Cigarettes Konstantinos E. Farsalinos 2016-11-16 A volume in the *Emerging Issues in Analytical Chemistry* series, *Analytical Assessment of E-Cigarettes: From Contents to Chemical and Particle Exposure Profiles* addresses the many issues surrounding electronic cigarettes in an unprecedented level of scientific detail. The plethora of product devices, formulations, and flavors, combined with the lack of industry standards and labeling requirements, quality control, and limited product oversight, has given rise to public concern about initiation of use and potential for adverse exposure and negative long-term health outcomes. This volume discusses how analytical methods can address these issues and support the manufacturing, labeling, distribution, testing, regulation, and monitoring for consistency of products with known chemical content and demonstrated performance characteristics. The book begins with the background on aerosol drug delivery services and e-cigarettes, constituents of nicotine-containing liquid dosing formulations, typical use scenarios and associated aerosol emissions, and chemical exposures and pharmacological and toxicological effect profiles, and then continues with descriptions of the analytical methods used to characterize the chemicals in formulations and emissions from e-cigarettes, including their stability, physical particle-size distribution and thermal degradation under commonly employed conditions of use. Analytical methods enabling detection of biomarkers of exposure and harm in complex biological matrices are discussed, with an emphasis on constituents or emissions of current medicinal interest or with potential to produce harm. Opportunities and challenges for analytical chemistry in supporting the continued development and use of safe and consistent dosage formulations as alternatives to tobacco products are also explored, with a concluding section describing an analytical approach to a risk-benefit assessment of e-cigarette use on human health. The *Emerging Issues in Analytical Chemistry* series is published in partnership with RTI International and edited by Brian F. Thomas. Please be sure to check out our other featured volumes: Thomas, Brian F. and ElSohly, Mahmoud. *The Analytical Chemistry of Cannabis: Quality Assessment, Assurance, and Regulation of Medicinal Marijuana and Cannabinoid Preparations*, 9780128046463, December 2015. Hackney, Anthony C. *Exercise, Sport, and Bioanalytical Chemistry: Principles and Practice*, 9780128092064, March 2016. Tanna, Sangeeta and Lawson, Graham. *Analytical Chemistry for Assessing Medication Adherence*, 9780128054635, April 2016. Rao, Vikram; Knight, Rob; and Stoner, Brian. *Sustainable Shale Oil and Gas: Analytical Chemistry, Biochemistry, and Geochemistry Methods*, 9780128103890, September 2016. Discusses the chemistry and physics involved in aerosol production, inhalation, deposition, chemical exposure, and effect assessment Contains current information and state-of-the-science methods on e-cigarette emissions, exposures, and harm assessment Offers an authoritative, objective perspective from five of the most well-recognized scientists in their areas of expertise who have no personal stake in the e-cigarette industry or the opposition Includes a foreword written by Dr. Neal Benowitz

Pediatric Collections: Vaping: Effects and Solutions American Academy of Pediatrics (AAP) 2020-08-24 Electronic cigarettes are the tobacco products most commonly used by youths in the United States. The use of e-cigarettes, also known as vaping or JUULing, is a public health epidemic. This collection offers reviews and research to assist pediatric health care providers in identifying and treating adolescent use and exposure to e-cigarettes.

E-cigarette Use Among Youth and Young Adults Office of the Surgeon General 2017-08-15 E-cigarette use among U.S. youth and young adults is now a major public health concern. E-cigarette use has increased considerably in recent years, growing an astounding 900% among high school students from 2011 to 2015. These products are now the most commonly used form of tobacco among youth in the United States, surpassing conventional tobacco products, including cigarettes, cigars, chewing tobacco, and hookahs. Most e-cigarettes contain nicotine, which can cause addiction and can harm the developing adolescent brain. Compared with older adults, the brain of youth and young adults is more vulnerable to the negative consequences of nicotine exposure. The effects include addiction, priming for use of other addictive substances, reduced impulse control, deficits in attention and cognition, and mood disorders. Furthermore, fetal exposure to nicotine during pregnancy can result in multiple adverse consequences, including sudden infant death syndrome, altered corpus callosum, auditory processing deficits, effects on behaviors and obesity, and deficits in attention and cognition. Ingestion of e-cigarette liquids containing nicotine can also cause acute toxicity and possibly death if the contents of refill cartridges or bottles containing nicotine are consumed. This report highlights what we know and do not know about e-cigarettes. Gaps in scientific evidence do exist, and this report is being issued while these products and their patterns of use continue to change quickly. For example, the health

effects and potentially harmful doses of heated and aerosolized constituents of e-cigarette liquids-including solvents, flavorants, and toxicants-are not completely understood. However, although e-cigarettes generally emit fewer toxicants than combustible tobacco products, we know that aerosol from e-cigarettes is not harmless. Although we continue to learn more about e-cigarettes with each passing day, we currently know enough to take action to protect our nation's young people from being harmed by these products.

Beyond Buds Ed Rosenthal 2015-01-19 *Beyond Buds* is a handbook to the future of marijuana. Prohibition's end has led to a technological revolution that's generated powerful medicines and products containing almost zero carcinogens and little smoke. Marijuana icon Ed Rosenthal and leading cannabis reporter David Downs guide readers through the best new consumer products, and demonstrate how to make and use the safest, cleanest extracts. *Beyond Buds* details how award-winning artisans make hash and concentrates, and includes modern techniques utilizing dry ice and CO2. The book is a primer on making kief, water hash, tinctures, topicals, edibles, and other extracts from cannabis leaves, trim, and bud bits, and it goes on to explore and simplify the more exotic and trendy marijuana-infused products, such as butane hash oil (BHO), shatter, wax, and budder. More complex than lighting a joint, these innovative products call for new accessories — special pipes, dabbing tools, and vaporizers — all of which are reviewed and pictured in the book. *Beyond Buds* expands on Rosenthal's previous book *Ask Ed: Marijuana Gold — Trash to Stash*. Completely updated with full-color photographs that are both "how-to" guides and eye candy, this book enables not only the health-conscious toker but also the bottom line-driven cultivator.

A Parent's Guide to Vaping Axis 2018-08-01 New statistics show that teens are starting to vape (i.e., use e-cigarettes) at a high rate, despite the lack of research into its risks and harms. This guide looks into what vaping is, what can be vaped, how it can be concealed, how risky it is, how easily minors can access it, and more. Parent Guides are your one-stop shop for biblical guidance on teen culture, trends, and struggles. In 15 pages or fewer, each guide tackles issues your teens are facing right now—things like doubts, the latest apps and video games, mental health, technological pitfalls, and more. Using Scripture as their backbone, these Parent Guides offer compassionate insight to teens' world, thoughts, and feelings, as well as discussion questions and practical advice for impactful discipleship.

E-cigarette and Vaping Risks Stephanie Lundquist-Arora 2020 Vaping is often used to cut down on the use of traditional cigarettes, but research increasingly shows the harmful effects of e-cigarettes. *E-Cigarettes and Vaping Risks* presents a realistic picture of the effects of drug use and abuse, addiction, and the challenges of treatment and recovery.

Addicted to E-Cigarettes and Vaping Carla Mooney 2019 In a few short years, e-cigarettes have exploded in popularity, especially among teens. These devices often pack a strong punch of a highly addictive drug called nicotine and many who vape will become addicted. *Addicted to E-Cigarettes and Vaping* presents a realistic picture of addiction, the effects of addiction on people's lives, and how addiction can be overcome.

Allen Carr's Easy Way to Quit Vaping Allen Carr 2021-05-01 Allen Carr's Easyway is a global phenomenon - a clinically proven and 100% drug-free treatment for nicotine addiction. First used as an internationally renowned and incredibly successful stop-smoking method, this cutting-edge approach now addresses the fastest-growing nicotine delivery system in the world, vaping. The Easyway method tackles addiction from an entirely different angle. Rather than employing scare-tactics and enforcing painful restrictions on your vaping habits, it unravels the cognitive brainwashing behind your addictive behavior. In this way, it removes the desire to vape altogether without willpower or sacrifice. Whether you use e-cigarettes, JUUL, tanks or pens, or any kind of mod or pod, this method will work for you. All you have to do is read this book in its entirety, follow all of the instructions and you will be set free from your addiction to nicotine. • Does not rely on willpower, aids, substitutes, or gimmicks • Works without unpleasant withdrawal symptoms • Clinically proven to be AT LEAST as effective as UK health service's Gold Standard Stop Smoking Service. What people say about Allen Carr's Easyway method: "Allen Carr's international bestseller...has helped countless people quit." Time Out New York "I read this book and quit smoking instantly" Nikki Glaser "The Allen Carr program was nothing short of a miracle." Anjelica Huston "It was such a revelation that instantly I was freed from my addiction." Sir Anthony Hopkins "His skill is in removing the psychological dependence." The Sunday Times

Cloud Vaping Shane H. Alexander 2016-09-04 *Cloud Vaping The 4 Generations of Electronic Cigarettes Explained What's Good and What's Not I am* Shane Alexander, if any of you read any of my previous books then you already know I have been involved in E-cigarette business for a long while now. I became an e-cig smoker back in 2010 after a minor throat surgery the story I shared in my first book. I have started a great e-cig wholesale company which I sold recently. But as a user, as a wholesaler and still as a retailer, I have seen all sides of this industry. I also made four trips to China (Shenzhen province) to meet and visit e-cigarette factories and seen firsthand how they are produced. I can honestly tell you not all e-cigarettes are created equal, some are simply better built than others. I am sure most of you have seen someone using e-cigarettes and the smoke they are producing is like a thick white cloud, I am sure you wonder what kind of device can produce such thick vapor, and if that can truly satisfy your craving. Well, the short answer is yes it really can. It can be much more enjoyable than burning a cigarette or any regular tobacco product. I get asked often about the growth of this industry, my reply has always been the same, that is is still a much safer alternative than smoking regular cigarettes, based on my own personal experience after smoking real cigarettes for more than 25 years and now smoking e cig for last 7 years, it is a much better alternative for sure. The reason I wrote this book is to share what has changed in this industry. For those of you that are just starting out, you will enjoy reading this as this book is a guide to what really is e-cigarettes and how e-cigarettes have evolved over the last decade. But more importantly, I want you to see the difference between various e-cig devices in the market, some of which are very expensive while some similar ones are not. For any newcomer, that must be somewhat confusing, so I am here to share and educate you as to what is truly good and what is not. I will show you each generation of e-cigarettes devices and tell you how they evolved to what you see around you now. I will also tell you how the e-liquid market have evolved over the years and how they are better made and better tasting nowadays. But remember not all e-liquids are created equal. So stay tuned and I will get started. In this book I discuss: The FDA rules and regulation Past 3 Generation of E-cigarettes 4th Generation of e-cigarettes Advantages of the 4th Gen e-cigarette How to Clean and Care for the new devices How much should you spend a year on these devices How can they save money How to properly use and Store How to maximize the lifespan of the devices Tips to make them last longer How to find the best devices and e-liquid 10 points to help you in your buying process Where to buy Happy Vaping folks, Enjoy!

Toxicological Evaluation of Electronic Nicotine Delivery Products Manuel C. Peitsch 2021-01-14 *Toxicological Evaluation of Electronic Nicotine Delivery Products (ENDP)* discusses the scientific basis for the toxicological assessment and evaluation of ENDPs. The book covers aerosol chemistry, in vitro and in vivo studies as well as clinical studies. It provides the basis for the evaluation of short and long term-effects, along with relative risks. It also examines the potential role of ENDPs in tobacco harm reduction and how they may reduce the risk of disease in smokers who switch to them. This book is a comprehensive resource for toxicologists, health practitioners and public health professionals who want the scientific information necessary to assess the relative risk of ENDPs when compared with cigarette smoking and cessation. Delivers a comprehensive overview of current state of science Offers an integrated analysis of e-cigarettes and heated tobacco products Provides guidance for methodologies

Big Vape Jamie Ducharme 2023-03-09 'Big Vape is a dazzling story that crackles with the energy of a nicotine buzz, mixing tales of ground-breaking innovation with those of corporate greed and government dysfunction' Christopher Leonard, author of the New York Times bestseller, *Kochland* It began with a smoke break. _____ THIS IS A STORY OF AMBITION AND GREED James Monsees and Adam Bowen were two ambitious graduate students at Stanford, and in between puffs after class they dreamed of a way to quit smoking. Their solution became the Juul, a sleek, modern device that could vaporize nicotine into a conveniently potent dose. THIS IS A STORY OF BOOM AND BUST The business they built around that device, Juul Labs, would go on to become a \$38 billion company and draw blame for addicting a whole new generation of underage tobacco users. THIS IS A STORY OF OUR TIME With rigorous reporting and piercing insight into a Silicon Valley startup, *Big Vape* uses the dramatic rise of Juul to tell a larger story of big business, Big Tobacco, and the high cost of a product that was too good to be true. _____ A propulsive, eye-opening work of reporting, chronicling the rise of Juul and the birth of a new addiction 'The rise and fall of Juul is an instructive tale and Jamie Ducharme does an excellent job detailing how one bad decision after another led the company astray in this deft rendition of grand start-up dreams gone up in smoke.' Reeves Wiedeman, author of *Billion Dollar Loser* 'Big Vape is more than just brilliantly reported and elegantly written. It is also a richly populated

book - filled not just with human characters but with matters of science, finance, invention, ambition, ethics, hubris, and blazing ingenuity.' Jeffrey Kluger, bestselling co-author of *Apollo 13*

Smoking and Vaping H.W. Poole 2022

Vaping Andrew Karpan 2019-07-15 Though first introduced in 2003, vaping's popularity has rapidly increased in recent years. Vaping involves the inhalation of aerosols and is generally considered safer than smoking tobacco, but little is currently known about its health impacts. Additionally, although evidence suggests that vaping can help curb tobacco smoking, there is also concern that it increases addiction among non-smokers, especially children and teenagers. This concern is exacerbated by marketing strategies for electronic cigarettes, which often seem targeted toward young people. The perspectives in this resource explore the facts that are currently available on vaping along with its relationship to addictive substances.

Big Vape Jamie Ducharme 2021-06-29 The story begins with two students who want to quit smoking and culminates with 48 dead and nearly 2,300 injured and counting. The real question is: how? _____ Some say vaping is a public health revolution that could help save millions of lives worldwide. But there is one big problem: teenagers. Instead of catering to adult smokers, the e-cigarette industry appears to overwhelmingly target non-smoking youth. *Big Vape* uses the dramatic rise and fall of Juul to tell a larger story of big business, public health and youth culture. It shows how scientists can present opposing facts, and even the soundest studies can be means to questionable ends; how lack of regulation can be deadly, and the wrong regulations can be just as bad; how marketing communications can reverse steady national trends, and how an epidemic can break out in just a puff of smoke. This is a story of ambition and greed: two starry-eyed grad students set out to change the world and end up at the helm of a \$38 billion empire. This is a story of boom and bust: Silicon Valley darlings pitched as world changers who end up on a nationwide apology tour as their business falls apart at the seams. This is a story media manipulation: young people adopting an unlikely product and making it a cultural phenomenon. This is a story of our time. _____

The Devil's Playbook Lauren Etter 2021-05-25 NEW YORK TIMES EDITORS' CHOICE • Big Tobacco meets Silicon Valley in this "deeply reported and illuminating" (The New York Times Book Review) corporate exposé of what happened when two of the most notorious industries collided—and the vaping epidemic was born. "The best business book I've read since *Bad Blood*."—Jonathan Eig, New York Times bestselling author of *Ali: A Life* Howard Willard lusted after Juul. As the CEO of tobacco giant Philip Morris's parent company and a veteran of the industry's long fight to avoid being regulated out of existence, he grew obsessed with a prize he believed could save his company—the e-cigarette, a product with all the addictive upside of the original without the same apparent health risks and bad press. Meanwhile, in Silicon Valley, Adam Bowen and James Monsees began working on a device that was meant to save lives and destroy Big Tobacco, but they ended up baking the industry's DNA into their invention's science and marketing. Ultimately, Juul's e-cigarette was so effective and so market-dominating that it put the company on a collision course with Philip Morris and sparked one of the most explosive public health crises in recent memory. In a deeply reported account, award-winning journalist Lauren Etter tells a riveting story of greed and deception in one of the biggest botched deals in business history. Etter shows how Philip Morris's struggle to innovate left Willard desperate to acquire Juul, even as his own team sounded alarms about the startup's reliance on underage customers. And she shows how Juul's executives negotiated a lavish deal that let them pocket the lion's share of Philip Morris's \$12.8 billion investment while government regulators and furious parents mounted a campaign to hold the company's feet to the fire. *The Devil's Playbook* is the inside story of how Juul's embodiment of Silicon Valley's "move fast and break things" ethos wrought havoc on American health, and how a beleaguered tobacco company was seduced by the promise of a new generation of addicted customers. With both companies' eyes on the financial prize, neither anticipated the sudden outbreak of vaping-linked deaths that would terrorize a nation, crater Juul's value, end Willard's career, and show the costs in human life of the rush to riches—while Juul's founders, board members, and employees walked away with a windfall.

Public Health Consequences of E-Cigarettes National Academies of Sciences, Engineering, and Medicine 2018-06-18 Millions of Americans use e-cigarettes. Despite their popularity, little is known about their health effects. Some suggest that e-cigarettes likely confer lower risk compared to combustible tobacco cigarettes, because they do not expose users to toxicants produced through combustion. Proponents of e-cigarette use also tout the potential benefits of e-cigarettes as devices that could help combustible tobacco cigarette smokers to quit and thereby reduce tobacco-related health risks. Others are concerned about the exposure to potentially toxic substances contained in e-cigarette emissions, especially in individuals who have never used tobacco products such as youth and young adults. Given their relatively recent introduction, there has been little time for a scientific body of evidence to develop on the health effects of e-cigarettes. *Public Health Consequences of E-Cigarettes* reviews and critically assesses the state of the emerging evidence about e-cigarettes and health. This report makes recommendations for the improvement of this research and highlights gaps that are a priority for future research.

E-cigarettes Oliver Delgado 2020-03-03 Chapter 1 provides background information on e-cigarettes. Tobacco use among youth and young adults in any form, including e-cigarettes, is not safe. In recent years, e-cigarette use by youth and young adults has increased at an alarming rate. E-cigarettes are now the most commonly used tobacco product among youth in the United States. Chapter 2 highlights the rapidly changing patterns of e-cigarette use among youth and young adults, assesses what we know about the health effects of using these products, and describes strategies that tobacco companies use to recruit our nation's youth and young adults to try and continue using e-cigarettes. It also outlines interventions that can be adopted to minimize the harm these products cause to our nation's youth. Over the last decade, use of electronic cigarettes, known as e-cigarettes, in the United States has grown rapidly as use of traditional cigarettes declined among both adolescents and adults. Most e-cigarettes sold in the United States were thought to be imported, but e-cigarette import volume and tariff revenue were unknown because the Harmonized Tariff Schedule of the United States (HTS) did not contain separate statistical reporting numbers. New statistical reporting numbers went into effect on January 1, 2016. Chapter 3 reports on e-cigarettes imported into the United States in 2016. While chapter 4 reports on e-cigarettes imported into the United States from 2016 through 2018. E-cigarettes are battery-powered devices which simulate tobacco smoking by producing a heated vapor that resembles smoke. A number of explosions and fires have been attributed to e-cigarettes, causing some concern within the fire service community as discussed in chapter 5. Electronic cigarettes, known as "personal vaporizers" (PV) have experienced a significant increase in popularity for those seeking an alternative to smoking traditional tobacco products. The use of the e-cigarettes as an illicit drug delivery device is touted on websites, forums, blogs, and videos describing how best to use them for specific illicit drugs such as tetrahydrocannabinol, methamphetamine, fentanyl, and heroin as reported in chapter 6. Chapters 7 and 8 report on the 2019 outbreak of lung injury associated with e-cigarette use.

Vaping 101 Uzo Odili, MD 2023-06-08 Welcome to Vaping 101. As a physician and a parent, I know that you have questions about vaping. This comprehensive guide was designed to answer all of your questions and more - it will educate you on vaping and arm you with the information you need to educate your family and friends in hopes that they decide to stop or, hopefully, never even start to use electronic cigarettes. This guide contains a review of the latest research and surveys to provide the most accurate information, but more importantly, we break it down into plain language so that you and your teens (or young adults) will both be able to understand why vaping is such a dangerous activity. We have spent the past several months educating the public at town hall gatherings. After speaking with hundreds of school nurses, teachers, students, and concerned parents about the vaping epidemic, we are confident that this guide will answer all your questions. The vaping epidemic is real. The 2021 National Youth Tobacco Survey (NYTS) indicated that two million middle and high school students reported e-cigarette use at least once in the previous 30 days. Among high school students who admitted to vaping, nearly 45% reported at least every-other-day use and 27.6% reported daily use[i]. The survey allowed students to indicate their e-cigarette brand of choice with the following results: 26.1% of high school students indicated Puff Bar was their usual brand, 10.8% reported Vuse, 9.6% preferred SMOK, and 5.7% chose JUUL. 15.6% of high school users reported not knowing what brand they used. Among middle school users, 30.3% reported their regular brand was Puff Bar, 12.5% preferred JUUL, and 19.3% indicated not knowing the brand they used regularly. Among all users of all types of e-cigarettes (disposables, cartridge or pod type, or refillable tanks) the top flavors reported were fruit, followed by candy, desserts, or other sweets. The NYTS survey conducted in 2022 revealed that 16.5% of high school students

indicated they used a tobacco product within the previous 30 days[i]. In other words, if your teenage child invited over six friends, one of those friends may have used a tobacco product in the previous month. 14% of high school students specifically indicated vaping as their tobacco delivery vehicle, meaning that one in seven high school kids is vaping actively. For middle school children, the rate of kids using tobacco products was 1 in 21 children, slightly less than 5%. Over three million children in the survey admitted to tobacco use in the previous month, and two out of every three teenage tobacco users reported electronic cigarettes or vape devices as the nicotine delivery device they used on a regular basis. Over 80% of the kids who used e-cigarettes reported using products with flavors such as fruit, candy, or dessert-themed nicotine products, which are not as commonly used by adults. Parents who want to actively prevent their children from the risks of vaping and the lifelong effects of nicotine addiction must first arm themselves with knowledge about vaping and nicotine. We lay the groundwork for your success by using a physician's expertise to make sense of the latest reports from the CDC and the current research around the world. This guide summarizes that information in easy-to-digest question and answer segments. Our goal is to give you the tools you need to engage your teenagers (and anyone else) in healthy discussion on the risks and consequences of vaping. [i] US FDA. Results from the Annual National Youth Tobacco Survey (2022). <https://www.fda.gov/tobacco-products/youth-and-tobacco/results-annual-national-youth-tobacco-survey>

Electronic Cigarettes and Vape Devices Susan Chu Walley 2021-08-12 Electronic cigarettes (E-cigarettes), also known as vape devices or by trade names such as JUUL, are handheld devices that aerosolize liquid commonly containing nicotine, humectants and flavorings. Used by 1 in 5 high school students in 2020, they are the most common tobacco product used by youth. E-cigarette use has been associated with a variety of health issues such as nicotine addiction, e-cigarette or vaping associated lung illness (EVALI), seizures, and increased risk of cardiovascular disease. This first-of-its-kind book begins with an introduction and background on the historical context of tobacco products. The next chapters provide an overview of the e-cigarette landscape and reviews the e-cigarette devices and solutions and the evolution of these products. This is followed by reviews of the health effects of e-cigarettes on users and non-users and includes recommendations for prevention and treatment of youth e-cigarette use. The last few chapters address the public health impact of e-cigarettes with a review of the evidence of e-cigarettes in smoking cessation. The book closes with policy and advocacy approaches and a resource page. E-cigarette and vape device use pose a public health crisis. This book contains succinct practical information and is a key reference for pediatricians as well as clinicians of all specialties. It also serves as a resource for health professionals, including tobacco dependence treatment providers and public health experts.

La sigaretta elettronica - Sperling Tips Angelo Roberto Facchino 2013-02-12

E-Cigarettes and Their Dangers Kari A. Cornell 2019-08 E-cigarettes and vape pens may look harmless and come in fun flavors, but they can pack many times the addictive power of traditional cigarettes. *E-Cigarettes and Their Dangers* looks at the consequences of e-cigarette use on the body, e-cigarettes as a gateway to other drug use, and what withdrawal and treatment looks like for users.

Vaping Anita Louise McCormick 2019-12-15 Nicotine-delivery vaping devices that were designed to help adults stop smoking are now being heavily used by teens, including many teens who have never smoked cigarettes. As a result of the widespread use of vaping devices, millions of teens have become addicted to nicotine, often without being aware of the health risks. According to the U.S. Surgeon General, teen vaping is now an epidemic. This insightful volume defines vaping, discusses how the trend began, and uncovers why teens are attracted to this activity. Readers analyze what is being done to help educate teens about the dangers of vaping.

Quitting Smoking & Vaping For Dummies Charles H. Elliott 2021-01-14 Say goodbye to smoking and vaping forever! Now's the time. You've decided to quit smoking or vaping for good. You know it's the best thing for your physical and mental health, but you realize it won't be easy. You've come to the right resource to help you succeed at your quest to quit. With down-to-earth advice, *Quitting Smoking & Vaping For Dummies, Portable Edition*, delivers proven techniques for success. The authors, two accomplished mental health professionals, walk you through the steps it takes to quit, day by day and month by month. They show you how to power past common obstacles to quitting, choose effective medication treatments, and overcome lapses. You'll also learn how to: Create a plan to give up nicotine once and for all Get through that all-important first month Deal with weight gain and be kind to yourself on your quitting journey Tap into apps and online support groups when you have the urge to light up No matter how many times you've tried to quit, *Quitting Smoking & Vaping For Dummies* will help you achieve your goal of a new and healthier you! There's no better time to start than today.

Vaping The New York Times Editorial Staff 2019-12-15 Over the past few years, e-cigarettes such as Juul have taken over the market, rising in popularity among smokers and retailers. Originally marketed as a safer alternative to smoking, vaping may actually not be as harmless as first believed. As scientists debate the relative merits of e-cigarettes, policymakers have had to contend with a new reality: the rise in vaping among teenagers. The articles in this book evaluate the increasing prominence and regulation of the vaping industry, and media literacy questions and terms will enlighten readers to how news coverage of the topic has developed.

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