

Reporting In Counselling And Psychotherapy A Trainees Guide To Preparing Case Studies And Reports

Making the Most of Counselling & Psychotherapy Placements Michelle Oldale 2014-12-31 Struggling to secure the right counselling or psychotherapy placement for you? Unsure of how to deal with complex challenges or how to make sure you get the most out of your placement? Then you have come to the right place! Packed full of hints and tips, advice, checklists and points for reflection, this practical guide will provide you with those all important answers, and more. Key content includes: - History and background of the placement - How to get the most out of the placement - Wider professional and ethical considerations - The placement search, completing the application and tips for the interview - Managing placement relationships - Planning for the Future This one stop shop will provide counselling and psychotherapy trainees with everything they need to know to secure and survive their practice placement.

The Case Study Handbook, Revised Edition William Ellet 2018-08-28 The guide all MBAs and executive education students need. If you're enrolled in an MBA or executive education program, you've probably encountered a powerful learning tool: the business case. But if you're like many people, you may find interpreting and writing about cases mystifying and time-consuming. In *The Case Study Handbook, Revised Edition*, William Ellet presents a potent new approach for efficiently analyzing, discussing, and writing about cases. Early chapters show how to classify cases according to the analytical task they require (making a decision, performing an evaluation, or diagnosing a problem) and quickly establish a base of knowledge about a case. Strategies and templates, in addition to several sample Harvard Business School cases, help you apply the author's framework. Later in the book, Ellet shows how to write persuasive case-analytical essays based on the process laid out earlier. Examples of effective writing further reinforce the methods. The book also includes a chapter on how to talk about cases more effectively in class. Any current or prospective MBA or executive education student needs this guide.

Getting the Best Out of Supervision in Counselling & Psychotherapy Mary Creaner 2013-12-10 Getting the Best Out of Supervision in Counselling & Psychotherapy does exactly what it says on the tin! Supervision is an essential part of counselling training and ensuring you know exactly how to get the very most out of supervision is important, whatever their level of study. Exploring how to begin, maintain and end a supervisory learning relationship in the context of existing theory and best practice guidelines, the author will introduce your trainees to: Models and forms of supervision The skills informing good supervision What to expect from supervision Key professional issues in supervision ? Written in a lively and engaging style, this book will enable both supervisors and supervisees to get the best they can from the supervisory experience.

Counselling Adolescents Kathryn Geldard 2004-06-30 `The book does provide an excellent resource offering a holistic and flexible approach and a variety of techniques. These provide a useful toolkit of practitioners working closely with young people. However its core readership is counsellors with young people. Though there are now many different kinds of counselling leading to qualification (and careful selection is necessary), there are few that are particularly oriented towards counselling young people. *Counselling Adolescents* goes a good way towards filling that gap. It will be an effective support to the professional counselor working with young people. In fact many wonder how they functioned without it! - Youth & Policy `This book is a useful text for professionals with knowledge of counselling skills, and the ideas are well presented. The book gave me the opportunity to question my counselling skills, especially with regard to adolescents, and in so doing identify areas for progression and further training' - Emotional & Behavioural Difficulties *Counselling Adolescents*, Second Edition includes two new important chapters. The first discusses how counsellors can make use of adolescent communication processes. Counsellors who understand these processes are better equipped to connect with young clients. The second new chapter explores the way in which the psychotherapeutic process can promote change in adolescents. The authors suggest that to be an effective counsellor of young people, these processes need to be fully understood. The book closes with practical case studies to show how counsellors can work pro-actively with adolescents. This book will be invaluable to those working with emotionally distressed adolescents, and will provide an excellent resource for students and professionals working in a range of helping professions. When it comes to working with adolescents in a therapeutic setting, counsellors are divided. Some work exclusively with adolescents in a successful and fulfilling way, however, others find it difficult to work with them. In this new edition of *Counselling Adolescents*, Kathryn and David Geldard provide a practical introduction to the principles and practices required for successful counselling, to show that working with adolescents can be both challenging and effective. The book is divided into three main parts, covering: - how to understand the adolescent as a person - the pro-active approach of working with adolescents - the counselling skills and strategies needed. TO READ A SAMPLE CHAPTER AND DOWNLOAD RESOURCES FROM THE BOOK PLEASE CLICK HERE

What Men Say, What Women Hear Linda Papadopoulos 2008-12-30 An indispensable relationship guide for every woman who has ever told her partner, "Really, don't go to any trouble for my birthday"...And then been disappointed when he didn't. He says: "That dress looks great! Let's buy it!" You hear: "He really loves being with me. I feel as though we've truly bonded." He means: "For the love of God, the last eight black dresses you tried on looked identical! Just buy one, so we can get home in time for the game!" In *What Men Say, What Women Hear*, Dr. Linda Papadopoulos tackles the saying, hearing, and listening gap between men and women that can complicate every step of a relationship, from first dates and first sex to meeting the parents and living happily ever after. An expert on Cognitive Behavior Therapy, which connects people's initial and often misguided perception of something to the emotional reaction that follows, Dr. Linda deconstructs the common thinking errors that can hinder communication—such as personalizing everything ("He's in a bad mood. Clearly he's thinking of a way to dump me.") and jumping to conclusions ("He asked how much younger my sister is than me. I bet he thinks I look like an old bat compared to her."). By applying clinical techniques to fun—and oh-so-familiar—examples, Dr. Linda helps readers eliminate unnecessary relationship anxiety and reevaluate the way they think about themselves, their partners, and the world around them.

Introducing Psychopathology Betty Rudd 2013-11-01 *Introducing Psychopathology* is an essential course companion for counselling, psychotherapy and counselling psychology trainees. It explains how to describe and diagnose client problems in clear, accessible language, demystifying the concept of psychopathology and revealing it as an integral aspect of training and practice. The book is entirely comprehensive in its coverage of client problems, groups, methods of assessment, up-to-date research and settings, covering crucial topics from assessment and diagnosis to the clinical symptoms of emotional distress, including severe or enduring disorders like schizophrenia and borderline personality disorder providing a framework for psychiatric diagnosis and classification and covering risk assessment in detail concluding with a chapter on holistic approaches and emotional wellbeing. Case studies and exercises throughout the book make sense of the theory in real-life practice and the author's enthusiasm for her subject makes for a uniquely engaging, readable guide to the complexities of psychopathologies.

[British Universities' Guide to Graduate Study](#) 1992

The Counselling and Psychotherapy Research Handbook Andreas Vossler 2014-10-16 Research is a vital and often daunting component of many counselling and psychotherapy courses. As well as completing their own research projects, trainees across modalities must understand the research in the field - what it tells them and how to do it. Breaking down this seemingly mountainous task into easy to swallow pieces, this book will navigate your students through each stage of the research process, from choosing a research question, through the pros and cons of different methods, to data analysis and writing up their findings. Written by

leading contributors from the field including John McLeod, Mick Cooper and Tim Bond, each chapter features points for reflection, engaging activities and suggestions for further reading, helping students to engage with all aspects of research. An original graphic narrative runs throughout the book, bringing this complex topic to life in a unique way. Whether embarking on research for the first time or already a little familiar with research and research methods, this unique guide is something counselling and psychotherapy students will turn to continually throughout their research projects.

Reporting in Counselling and Psychotherapy Linda Papadopoulos 2003 Using clinical examples to guide the reader, and a detailed analysis of case study and process report writing, this unique hands-on guide will show how to present clear, concise and properly presented reports.

Outcome Measures and Evaluation in Counselling and Psychotherapy Chris Evans 2021-09-29 This book sets in context the role of outcome measurement research - taking you step-by-step through the research process and beyond to consider the wider professional and ethical issues involved. This book will provide you with everything you need to know and more, helping you develop the skills and knowledge you need to become a successful research-informed practitioner. Written for trainees and counselling and psychotherapy practitioners, this book: - Provides you with a brief overview and history of research and measurement in mental health contexts. - Sets out a framework for understanding the core features of outcome measures and their scope. - Takes you step-to-step through the process of implementing a SMART outcome evaluation. - Addresses the benefits and limitations of outcome measures research for the individual client, practitioner and service provider. Packed full of case studies, activities and tools for real-life practice, this book throws a life belt to all counselling and psychotherapy trainees and practitioners looking to make the best start in their research-informed career. Chris Evans is Visiting Professor at the University of UDLA, Ecuador and an Honorary Professor at the University of Roehampton. Jo-anne Carlyle is Director of PSYCTC.com

The Beginner's Guide to Counselling & Psychotherapy Stephen Palmer 2015-03-19 Are you interested in the field of counselling and psychotherapy or just starting out in your training? Trying to get to grips with the many different approaches and decide which are right for you? This book can help! An ideal introductory text that assumes no prior knowledge, leading authors in the field provide overviews of 26 counselling and psychotherapy approaches in accessible, jargon-free terms. Each approach is discussed using the same framework to enable easy comparison and evaluation, covering: · Development of the Therapy · Theory and Basic Concepts · Practice · Which Clients Benefit Most? · Case study Four further chapters offer an insight into the therapeutic relationship, working with diversity, professional issues, and research, while resources such as suggested reading, discussion issues, appendices of further information and a comprehensive glossary help you consolidate your learning. So look no further if you want to know the differences between counselling and psychotherapy, compare psychodynamic and psychoanalytic theories, discover how constructivist approaches can be applied in practice, learn about third wave CBT therapies, or just get an general overview of the field; this second edition of a bestseller gives you a whirlwind tour of the breadth, complexity, fascination and problems of the field of counselling and psychotherapy.

The Therapeutic Use of Self Val Wosket 2002-05-03 The Therapeutic Use of Self is a ground-breaking examination of the individual therapist's contribution to process and outcome in counselling. Using many powerful case examples and extensive research findings from the author's own work, this book presents the counsellor's evaluation of their own practice as the main vehicle for the development of insight and awareness in to individual 'therapeutic' characteristics. It addresses many of the taboos and infrequently discussed aspects of therapy, such as: * the value of therapist failure * breaking the rules of counselling * working beyond the accepted boundaries of counselling. The Therapeutic Use of Self, will act as a spur to individual counsellors to acknowledge, develop and value their own unique contribution to the counselling profession.

Forthcoming Books Rose Arny 2003-04

Developing Your Counselling and Psychotherapy Skills and Practice Ladislav Timulak 2011-01-19 `Developing Your Counselling and Psychotherapy Skills and Practice fills the void between books that cover basic counselling skills and those that cover specific methods in depth. For the trainee or clinician who asks "I am sitting in front of my client, now what do I do next?", Timulak's book will provide that answer.' Paul Jerry, Psychologist and Associate Professor, Athabasca University --

Handbook of Professional and Ethical Practice for Psychologists, Counsellors and Psychotherapists Rachel Tribe 2004-11 Closer regulation of psychological counselling means that an awareness of the professional, legal and ethical considerations is vital. The Handbook of Professional and Ethical Practice brings together leading therapists and psychologists who have a wealth of knowledge and experience of their subjects. Each chapter places particular emphasis on the current codes of practice and ethical principles underpinning safe ethical practice and the implications for practitioners. Comprehensive coverage of the legal, clinical and ethical considerations involved in research and training is provided and the reflective questions at the end of every chapter serve to prompt further discussion of the issues. The following subjects are covered: · professional practice and ethical considerations · legal considerations and responsibilities · clinical considerations and responsibilities · working with diversity - professional practice and ethical considerations · research, supervision and training. This innovative Handbook provides a supportive guide to the major professional, legal and ethical issues encountered by trainees on counselling, clinical psychology and psychotherapy courses, as well as providing an invaluable resource for more experienced therapists and other members of the helping professions.

Case Studies in Psychotherapy Danny Wedding 1989 Includes cases selected on the basis of intrinsic interest, clarity of presentation, and the extent to which each case demonstrates the basic techniques and methods of the theory being illustrated. This also book includes cases that illustrate the clinical applications of psychodrama and experiential psychotherapy.

Case Study Research in Counselling and Psychotherapy John McLeod 2010-10-04 "British Association for Counselling and Psychotherapy."

Reflective Writing in Counselling and Psychotherapy Jeannie Wright 2012-03-31 Have you been asked to keep a personal development portfolio or reflective journal? Are you struggling to know where to start, how to write or what to include? If the answer is 'yes', this book will provide you with a straightforward route in, telling you all you need to know about writing reflectively for your own personal and professional development. Offering staged exercises, case-studies, examples and ideas for self-directed learning, this book will lead the reader along an exciting journey of written self-awareness, covering: - the background - what exactly is reflective writing and why is it important - the decisions - when and how to start - the practicalities - the essentials of writing reflectively - the stumbling blocks - dealing with obstacles and difficulties - the long haul - maintaining reflective enquiry as a lifelong habit This book is an essential how-to guide appropriate for all undergraduate and postgraduate trainees, whether they are approaching the topic from a psychodynamic, person-centred or CBT perspective. It will give trainees all the tools they need to become mature reflective practitioners. Jeannie Wright Director of Counselling and Psychotherapy Programmes at Warwick University. Gillie Bolton is a Freelance consultant in therapeutic & reflective practice writing and author of the bestselling *Reflective Writing*, 3rd Edition, SAGE 2010.

South African Journal of Psychology 1998

A Student's Guide to Therapeutic Counselling Kelly Budd 2019-12-02 Co-published with the CPCAB, this highly practical book is a comprehensive training guide based around the 7 areas that students have to evidence in order to become accredited. It offers a firm foundation of knowledge and skills, looks at practice issues, helps with study, and also answers the most common questions students have when training.

The Handbook of Counselling Psychology Barbara Douglas 2016-02-12 This fourth edition provides the most comprehensive guide to the field of counselling psychology, exploring a range of theories and philosophical underpinnings, practice approaches and contexts, and professional issues. It has been updated to reflect current issues and debates and to map onto the training standards, and offers the ultimate companion for your journey through counselling psychology training and into the workplace. New to the fourth edition: Chapters on: Person-Centred Therapy; Mindfulness; Neuroscience; Engaging with and Carrying out Research; Reflective Practice; International Dimensions; and Ecopsychology A companion website offering hours of video and audio, including conversations with counselling psychology practitioners and trainees,

and articles, exercises and case studies Other new features include: Further Reading, 'Day in the Life of' dialogues with practitioners; Reflective Exercises, and Discussion Points, and new case studies. Special attention has been paid to the topic of research, both as a theme throughout the book, and through four new chapters covering the use, carry out and publication of research at different stages of training and practice. The handbook is the essential textbook for students and practitioners in the field of counselling psychology and allied health professions, at all stages of their career and across a range of settings, both in the UK and internationally.

Case Studies in Multicultural Counseling and Therapy Derald Wing Sue 2013-08-12 "Case Studies in Multicultural Counseling and Therapy is a magnificent resource that will help create a greater bridge of understanding between the academic, research, and applied domains of the mental health professions." —From the Foreword by Thomas A. Parham, PhD, Vice Chancellor, Student Affairs, University of California, Irvine; Distinguished Psychologist, Association of Black Psychologists An indispensable collection of real-life clinical cases from practicing experts in the field of multicultural counseling and psychotherapy Case Studies in Multicultural Counseling and Therapy is a one-of-a-kind resource presenting actual cases illustrating assessment, diagnostic, and treatment concerns associated with specific populations. The contributors—well-known mental health professionals who specialize in multicultural counseling and psychotherapy—draw on their personal experiences to empower therapists in developing an individually tailored treatment plan that effectively addresses presenting problems in a culturally responsive manner. Providing readers with the opportunity to think critically about multicultural factors and how they impact assessment, diagnosis, and treatment, this unique book: Covers ethical issues and evidence-based practice Integrates therapists' reflections on their own social identity and how this may have influenced their work with their clients Considers the intersectionality of racial/ethnic, class, religious, gender, and sexual identities Contains reflection and discussion questions, an analysis of each case by the author, and recommended resources Includes cases on racial/ethnic minority populations, gender, sexuality, poverty, older adults, immigrants, refugees, and white therapists working with people of color Aligns with the ACA's CACREP accreditation standards, the APA guidelines for multicultural competence, and the AMCD Multicultural Counseling Competencies

My Therapy Marian Davies 2006 My Therapy is Marian Davies' unflinching account of her years spent undergoing psychodynamic therapy. Working with her therapist, she recalls key incidents from her life history and gradually comes to attain greater insight into her present-day problems, as her therapist helps her to understand the links between those issues and her childhood experiences. Powerful and gripping, Marian Davies charts her progress and recalls with searing immediacy those childhood traumas that had such great consequences on her adult behaviours and relationships. This book is not only of interest to students of psychological or counselling therapies; any reader may identify with Marian Davies as she makes her journey towards understanding and acceptance of her childhood abuse and neglect.

Ethics in Psychotherapy and Counseling Kenneth S. Pope 2010-11-17 Praise for Ethics in Psychotherapy and Counseling, Fourth Edition "A stunningly good book. . . . If there is only one book you buy on ethics, this is the one." —David H. Barlow, PhD, ABPP, Professor of Psychology and Psychiatry, Boston University "The Fourth Edition continues to be the gold standard. . . . a must-read in every counseling/therapy training program. It is that good and valuable." —Derald Wing Sue, PhD, Professor of Psychology and Education, Teachers College, Columbia University "A must-have for therapists at every step of their career from student to wise elder." —Bonnie Strickland, PhD, former president, American Psychological Association "This Fourth Edition of the best book in its field has much timely new material. . . . A brilliant addition is an exploration of how reasonable people can conscientiously follow the same ethical principles yet reach different conclusions . . . an essential sourcebook." —Patrick O'Neill, PhD, former president, Canadian Psychological Association "Essential for all practicing mental health professionals and students." —Nadine Kaslow, PhD, ABPP, President, American Board of Professional Psychology "I particularly enjoyed the chapter on ethical practice in the electronic world, which was informative even to this highly tech-savvy psychologist. The chapter on responses to the interrogations issue is destined to be a classic. . . . Bravo! Mandatory reading." —Laura Brown, PhD, ABPP, 2010 President, APA Division of Trauma Psychology "There's no better resource to have at your fingertips." —Eric Drogin, JD, PhD, ABPP, former chair, APA Committee on Professional Practice and Standards and APA Committee on Legal Issues "Two of psychology's national treasures, Drs. Ken Pope and Melba Vasquez walk the walk of psychotherapy ethics. Simply the best book in its genre." —John Norcross, PhD, ABPP, Professor of Psychology and Distinguished University Fellow, University of Scranton

Essential Interviewing and Counseling Skills Tracy Prout, PhD 2014-03-27 Print+CourseSmart

Case Conceptualization Len Sperry 2020-05-27 Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific exercises and activities for mastering case conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma. Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

Subject Guide to Books in Print 1993

The Psychologist 2003

How to Do Your Case Study Gary Thomas 2011-01-19 This accessible text introduces students and researchers to the basics of case study research, using a wide range of real-life examples. It deals with the core issues and methods that anyone new to case study will need to understand: What is a case study? When and why should case study methods be used? How are case studies designed? What methods can be used? How do we analyze our data and write up our case?

The Trainee Handbook Robert Bor 2010-12-21 Written by a team of leading trainers, practitioners and supervisors, this bestselling book provides all the help and advice you'll need as you start and progress through your training in counselling and psychotherapy. It will also be an essential resource as you go on to take your first steps into therapeutic practice. The book identifies and guides you through the practical skills and knowledge you'll need to make a success of your training - from writing essays, through case formulation, and on to preparing for your first meeting with a client. A further important function of the book is to address and allay the concerns which are common to all students. Now in its third edition, The Trainee Handbook has been fully updated to take account of the significant changes that have taken place in the therapy professions over the last few years. It now also includes new and important chapters on: - the dynamics and practicalities of facilitating client referral, - the processes involved in assessing a client's mental state, and - useful tips and hints from former trainees. The Trainee Handbook will be an invaluable companion, and source of information and guidance for all trainees in counselling, psychotherapy and counselling psychology.

Doing Counselling Research John McLeod 2003-06-02 Practical and accessible this guide to doing research within psychotherapy and counselling has been fully revised and updated and includes new chapters on evidence-based practice and practitioner research.

Clinical Supervision and Professional Development of the Substance Abuse Counselor David J. Powell 2010-08 Clinical supervision (CS) is emerging as the crucible in which counselors acquire knowledge and skills for the substance abuse (SA) treatment profession, providing a bridge between the classroom and the clinic. Supervision is necessary in the SA treatment field to improve client care, develop the professionalism of clinical personnel, and maintain ethical standards. Contents of this report: (1) CS and Prof'l. Develop. of the SA Counselor: Basic info. about CS in the SA treatment field; Presents the 'how to' of CS.; (2) An Implementation Guide for Admin.; Will help admin. understand the benefits and rationale behind providing CS for their program's SA counselors. Provides tools for making the tasks assoc. with implementing a CS system easier.

Illustrations.

The Trainee Handbook Robert Bor 2016-11-08 Written by a team of leading trainers, practitioners and supervisors, this bestselling classic is the trainee therapist's best friend. It identifies and guides trainees through the practical skills and knowledge they'll need to make a success of their training - from writing essays through to case formulation and on to preparing for their first meeting with a client. Along the way, it addresses and allays the concerns which are common to all students. Now in its fourth edition, the book has been fully updated to take account of the significant changes in the therapy professions in recent years. It now includes new and important chapters on: Evidence-based practice Working with diversity Reflective practice Using social media, technology and online therapy The Trainee Handbook is an invaluable companion, and source of information and guidance for all trainees in counselling, psychotherapy and counselling psychology, and newly-qualified therapists entering into practice.

Resources in education 1984-07

Introduction to Counselling and Psychotherapy Stephen Palmer 2000-01-28 `An introductory text that applies a down-to-earth approach to a diversity of 23 therapeutic approaches within counselling and psychotherapy, it was actually a pleasure conducting the review and having to read over the outlined models.... It is a definite entry for counselling training courses and will offer plenty of ideas for those teaching as well as training. It is fun to read and offers numerous ideas of how to put into place counselling techniques' - Counselling Psychology Review This essential guide to the range of approaches used in current practice covers all of the major schools of counselling and psychotherapy, as well as many that are less well known. Ideal as a first textbook for student counsellors or psychotherapists, Introduction to Counselling and Psychotherapy will help them locate their initial training within the broad context of different therapeutic approaches and help them to discover the specific areas to which they feel the greatest leaning. Each chapter introduces a specific approach and includes: a clear explanation of the core concepts and their use in practice; an illustrative case study; profiles of the clients who benefit most from the approach; advice on further reading; and issues for discussion. The book also features a substantial glossary of terms.

Understanding Assessment in Counselling and Psychotherapy Sofie Bager-Charleson 2011-07-11 This book offers students and trainees a thorough guide to clinical assessment. It covers different types of clinical assessment and explores the implications of the alternative views on clients' needs and treatment. It explores clinical assessment as an 'art and science' and brings the reader up to date with new requirements placed on therapists in both organisational and clinical practice based settings. In addition to outlining models for clinical assessment, it looks at the use of evidence-based practice in assessments. There are sections on doing assessments within organisations as well as from private practice.

Books In Print 2004-2005 Bowker Editorial Staff 2004

What Is Psychotherapy? The School of Life 2018 An in-depth look at a much misunderstood practice, offering a fresh viewpoint on how this science can be a universally effective route to our better selves.

Counselling for Maternal and Newborn Health Care World Health Organization 2010 The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. Counselling for Maternal and Newborn Health Care is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labor; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

Case Conceptualization Len Sperry 2012 This is the type of book instructors, trainees, and clinicians need--a short text that demystifies the case conceptualization process and provides a streamlined method for learning and mastering this competency. It presents an integrative model for conceptualizing cases, dispels common myths about case conceptualization, and provides straightforward guidelines and strategies for mastering this essential competency. Writing clinically useful case conceptualizations is no longer optional today, and this training guide is the only resource you will need to increase your expertise and incorporate this competency in professional practice. Five detailed clinical case studies are referred to throughout the book, and exercises are presented at the end of the last five chapters to help readers in deriving Cognitive-Behavioral, Dynamic, Solution-Focused, Biopsychosocial, and Adlerian case conceptualizations from an integrative assessment. Drs. Len and Jonathan Sperry also address cultural sensitivity and offer guidelines for developing cultural conceptualizations and selecting culturally-sensitive treatments. All techniques are easy to understand and use, ensuring that readers will master this competency and feel confident applying it to difficult cases.

Reporting In Counselling And Psychotherapy A Trainees Guide To Preparing Case Studies And Reports :

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