

# Dr Christians Guide To Growing Up

**The Homebrewed Christianity Guide to Jesus** Tripp Fuller 2015-11-01 Christology is crazy. It's rather absurd to identify a first-century homeless Jew as God revealed, but a bunch of us do anyway. In this book, Tripp Fuller examines the historical Jesus, the development of the doctrine of Christ, the questions that drove christological innovations through church history, contemporary constructive proposals, and the predicament of belief for the church today. Recognizing that the battle over Jesus is no longer a public debate between the skeptic and believer but an internal struggle in the heart of many disciples, he argues that we continue to make christological claims about more than an "event" or simply the "Jesus of history." On the other hand, C. S. Lewis's infamous "liar, lunatic, and Lord" scheme is no longer intellectually tenable. This may be a guide to Jesus, but for Christians, Fuller is guiding us toward a deeper understanding of God. He thinks it's good news—good news about a God who is so invested in the world that God refuses to be God without us.

**The Old Testament** Brent A. Strawn 2019-09-24 This concise volume introduces readers to the three main sections of the Hebrew Bible (Tanakh) and to the biblical books found in each. It is organized around two primary "stories": the story that scholars tell about the Old Testament and the story the literature itself tells. Concluding with a reconsideration of the Old Testament as more like poetry than a story, three main chapters cover: The Pentateuch (Torah) The Prophets (Nevi'im) The Writings (Ketuvim) With key summaries of what the parts of the Old Testament "are all about," and including suggestions for further reading, this volume is an ideal introduction for students of and newcomers to the Old Testament.

**Bringing Up Boys** James C. Dobson 2014-08-22 Here's sensible advice and caring encouragement on raising boys from the nation's most trusted parenting authority, Dr. James Dobson. With so much confusion about the role of men in our society, it's no wonder so many parents and teachers are asking questions about how to bring up boys. Why are so many boys in crisis? What qualities should we be trying to instill in young males? Our culture has vilified masculinity and, as a result, an entire generation of boys is growing up without a clear idea of what it means to be a man. In the runaway bestseller *Bringing Up Boys*, Dr. Dobson draws from his experience as a child psychologist and family counselor, as well as extensive research, to offer advice and encouragement based on a firm foundation of biblical principles.

**Growing Up** Robby Gallaty 2013-11-11 If you are serious about being a disciple of Jesus Christ—really, truly serious—a discipleship group can help you achieve that goal. Jesus established this model for us by forming and leading the first discipleship group—and it worked. The men who emerged from that group took the gospel to the world and ultimately laid down their lives for Christ. Discipleship groups can create an atmosphere for fellowship, encouragement, and accountability—building an environment where God can work. In *Growing Up: How to Be a Disciple Who Makes Disciples*, Robby Gallaty presents a practical, easy-to-implement system for growing in one's faith. This guide offers a manual for making disciples, addressing the what, why, where, and how of discipleship. D-Groups, as Gallaty calls them, can teach you and others how to grow your relationship with God, how to defend your faith, and how to guide others in their relationships with God. *Growing Up* provides you with an interactive manual and resource for creating and working with discipleship groups, allowing you to gain positive information both for yourself and for others as you learn how to help others become better disciples for Christ.

**Dr Christian's Guide to Growing Up Online (Hashtag: Awkward)** Dr Christian Jessen 2018-05-03 *Dr Christian's Guide to Growing Up Online* takes a social-media style tour through such wide-ranging topics as health, puberty, anxiety, gender, sexuality, stress, grief and any difficult questions in

between.

**Irresistible** Andy Stanley 2018-09-18 A fresh look at the earliest Christian movement reveals what made the new faith so compelling...and what we need to change today to make it so again. Once upon a time there was a version of the Christian faith that was practically irresistible. After all, what could be more so than the gospel that Jesus ushered in? Why, then, isn't it the same with Christianity today? Author and pastor Andy Stanley is deeply concerned with the present-day church and its future. He believes that many of the solutions to our issues can be found by investigating our roots. In *Irresistible*, Andy chronicles what made the early Jesus Movement so compelling, resilient, and irresistible by answering these questions: What did first-century Christians know that we don't—about God's Word, about their lives, about love? What did they do that we're not doing? What makes Christianity so resistible in today's culture? What needs to change in order to repeat the growth our faith had at its beginning? Many people who leave or disparage the faith cite reasons that have less to do with Jesus than with the conduct of his followers. It's time to hit pause and consider the faith modeled by our first-century brothers and sisters who had no official Bible, no status, and little chance of survival. It's time to embrace the version of faith that initiated—against all human odds—a chain of events resulting in the most significant and extensive cultural transformation the world has ever seen. This is a version of Christianity we must remember and re-embrace if we want to be salt and light in an increasingly savorless and dark world.

*Life on the Edge* James C. Dobson 2010-12-22 As a young adult, you will face crucial questions about identity, education, marriage, career, God's will, and much more. Some of the most dramatic and permanent changes in life will occur during the “critical decade”—those ten years between 16 and 26. Are you prepared to make the right choices? You can be. Like a trusted friend who understands, Dr. James Dobson candidly addresses the issues that today's young adults face. In his warm, conversational style, he reveals principles to help you make right choices and get the direction you need in order to look forward to a bright and successful future.

Leaving the Fold Marlene Winell 2006 Have you been harmed by toxic religion? Learn how to recover and reclaim your life. Psychologist Marlene Winell is uniquely qualified to address the subject of this book. In addition to her personal experience with leaving fundamentalist religion, she has worked with clients recovering from religion for 28 years. She is known for coining the term Religious Trauma Syndrome. *Leaving the Fold* is a self-help book that examines the effects of authoritarian religion (fundamentalist Christianity in particular) on individuals who leave the faith. The concrete steps for healing are useful for anyone in recovery from toxic religion. In this book you'll discover: - what you can expect about stages of religious recovery - information about the key issues of recovery - relevant family dynamics - the power of manipulations - motivations for belonging and for leaving religion - specific steps for healing and reclaiming life - further steps for rebuilding life in the present *Leaving the Fold* is the only self-help psychology book on the subject of religious recovery. The accessible, compassionate writing is ideal for the reader who needs clear information and concrete help. Buy *Leaving the Fold* and begin your healing journey today

**Ordinary** Michael Horton 2014-10-07 Radical. Crazy. Transformative and restless. Every word we read these days seems to suggest there's a “next-best-thing,” if only we would change our comfortable, compromising lives. In fact, the greatest fear most Christians have is boredom—the sense that they are missing out on the radical life Jesus promised. One thing is certain. No one wants to be “ordinary.” Yet pastor and author Michael Horton believes that our attempts to measure our spiritual growth by our experiences, constantly seeking after the next big breakthrough, have left many Christians disillusioned and disappointed. There's nothing wrong with an energetic faith; the danger is that we can burn ourselves out on restless anxieties and unrealistic expectations. What's needed is not another program or a fresh approach to spiritual growth; it's a renewed appreciation for the commonplace. Far from a call to low expectations and passivity, Horton invites readers to recover their sense of joy in the ordinary. He provides a

guide to a sustainable discipleship that happens over the long haul—not a quick fix that leaves readers empty with unfulfilled promises. Convicting and ultimately empowering, Ordinary is not a call to do less; it's an invitation to experience the elusive joy of the ordinary Christian life.

**Discipleship Essentials** Greg Ogden 2019-01-15 We grow in Christ as we seek him together. Jesus' own pattern of disciple-making was to be intimately involved with others and allow life to rub against life. By gathering in twos or threes to study the Bible and encourage one another, we most closely follow Jesus' example with the twelve disciples. This workbook by Greg Ogden is a tool designed to help you follow this pattern Jesus drew for us. Working through it will deepen your knowledge of essential Christian teaching and strengthen your faith. Each week contains the following elements: a core truth presented in a question-and-answer format a memory verse and accompanying study a field-tested inductive Bible study a reading on the theme for the week questions to draw out key principles in the reading This material is designed for groups of three. It has also been used successfully as an individual study program, a one-on-one discipling tool, and small group curriculum. This expanded and completely updated edition includes a new guide for leaders. Jesus had a big enough vision to think small. Focusing on a few did not limit his influence. Rather, it expanded it. Discipleship Essentials is designed to help us influence others as Jesus did—by investing in a few.

The Complete Book of Christian Parenting and Child Care Martha Sears 1997-09-15 This total child care book offers Christian-centered, medically authoritative advice on every aspect of parenting, from choosing an obstetrician to disciplining teenagers. As parents of eight children, William and Martha Sears draw on thirty years of practical and professional experience, resulting in a valuable reference book no family should be without.

Your Relationship with God Gary Smalley 2007-12-26 As he did in his bestselling book "The DNA of Relationships," Smalley provides readers with insight and answers to their relationship with God, but this time he opens up about his own personal struggles and gives outlines the six daily habits that he learned to stay connected with God.

*The Nine Levels of Anointing Power for Christian Growth* Dr. Richard E. Weathers, PsyD 2014 This book deals with the rites of passage into adult Christian living. to pass through these powers of anointing by the Holy Spirit, all of us must take a journey from babyhood (new birth in Christ) to growing in spiritual maturity into that perfect man or woman of God (Ephesians 4:11-12). This will not come overnight or quickly in our walk with the Lord; it will take time, and many will have to sacrifice the things of this world to achieve it. But it can be done by all who are willing to follow the Lord in this world. One hundred percent of us must start by passing through the first level of power that the Holy Spirit bestows upon all who believe in Christ Jesus. Everything in our lives will begin at the cross of Calvary, and from there, we will all go on a trip with the Holy Spirit that will forever change our lives every day. the Holy Spirit will become our teacher and guide (John 16:13) and, depending on how much of him we want, will determine the level of growth we achieve as Christians in this world. It will not come because of traditions of men or preachers proclaiming to have absolute truth but only by the Holy Spirit himself as he teaches and witnesses with your spirit the revelations of God's Word that only he can give (Romans 8:16). I invite you to travel with me through the pages of this writing and discover the truths that are within. I take no credit for what the Holy Spirit of God has revealed; only he has the wisdom and revelations to open our eyes to his Word. and only he has the anointing power to grow us up from level to level as we progress in his knowledge and power. But here is a truth you must know: the Holy Spirit will not take you any further in spiritual growth than you are willing to allow him to (Matthew 7:11). At every level of anointing you have to pass through to grow and go on to the next level, you will have to ask of him and be willing to sacrifice what needs to be given in order to achieve it. Many who are tied up in religion and bondage to denominationalisms will try to keep you from this growth. Very few in the body of Christ will ever reach full maturity in our Lord. Most already believe that they have achieved this level because they are good Christians--they go to Church, give their tithes, help a few people, work in the church, and say their prayers every day. Outwardly, this may seem like the perfect saint of God, but the Lord is seeking more from us to pick up

our cross for him and follow him. This will require commitment, a soldout attitude, sacrifices, and even death--if that's what it takes! Twelve apostles willingly lived their lives for him and gave their lives in death. the question today is, "How far do you want to grow in Christ?" and "Do you want to live your life for him or continue to play church on earth?" This book will change the way you see yourself with Christ; it will help you come out of organized religion and walk with your Lord the way he meant it to be. Only the Holy Spirit can show you these things to come. I hope this book will challenge you to become the mature Christians God intends for all of us to become. In Christ's love, Dr. Richard E. Weathers, PsyD

*The Period Book* Karen Gravelle 2017-06-20 This bestselling, essential illustrated guidebook for adolescent girls is a trusty friend that can help girls feel confident about this new phase of their lives. What is my period exactly? Do I need to see a doctor? What does it feel like to wear a pad? What if I get my period at school? Karen Gravelle and her fifteen-year-old niece, Jennifer Gravelle, have written a down-to-earth and practical book that answers any questions you might have about your period, from what it is and what it feels like, to how to choose pads and tampons, to how to talk to your parents about it. The Period Book will help guide you through all the physical, emotional, and social changes that come with your period, as well as related issues like dealing with pimples, mood swings, and new expectations from friends and family. Debbie Palen's funny and sympathetic cartoons ease the confusion and exasperation you might feel, and celebrate the new sense of power and maturity that your period can bring.

*How Faith Matures* 1989-01-01 How Faith Matures is a follow-up to C. Ellis Nelson's classic work, Where Faith Begins. Extending and developing the insights of that earlier volume, How Faith Matures proposes an alternative to the church school and presents a model that church professionals can apply to improve education in their church communities.

**Finishing Well to the Glory of God** John Dunlop, MD 2011-02-04 Most people want to finish life well, yet so few take the time necessary to carefully think through what that entails. Some say it means contentment, happiness, and freedom from pain. Many desire to simply maintain their dignity and enjoy their family and loved ones. These are reasonable goals; yet, there is a more profound, uniquely Christian approach to the end of life. John Dunlop, a medical doctor who has practiced for over thirty years and specializes in geriatrics, combines his medical expertise, firsthand experience with patients, and firm commitment to Scripture to propose nine strategies for finishing life well. He shows how with proper physical, emotional, and spiritual preparation, aging and death need not be a fight to the finish but a purposeful resting in the arms of the Savior. Theologically robust and practically relevant, this book will prove to be a sensitive and helpful resource for anyone facing end-of-life issues.

*Queerfully and Wonderfully Made* Leigh Finke 2020-08-25 ALA 2021 Rainbow List Pick Are you LGBTQ+? Not sure? Whether you're queer or questioning, understanding sexuality and gender identity can be confusing. And if you're a Christian, questions of identity can be even scarier. Is there something wrong with you? Will your friends accept you? When should you tell your family? What about church? Queerfully and Wonderfully Made: A Guide for LGBTQ+ Christian Teens has answers to all these questions and more. You'll get insight and support from an amazing group of LGBTQ+ professionals, as well as testimonies from young adult queer Christians who've recently been exactly where you are. You'll walk away with a lot of answers, prepared with tools to help. But most importantly, you'll hear the good news: God loves you exactly as you are. No matter your identity or where in your journey of self-discovery you find yourself, you got this.

*The Christian Girl's Guide to Change Inside & Out!* Rebecca Park Totila 2007-09 The Christian Girl's Guide to Change: Inside and Out is the newest in the CBA best-selling Christian Girl's Guide series. As any parent know, pre-teen girls change, inside and out. Friendships, family dynamics, hormones, school stresses; you name it; these girls are dealing with their changing lives. This book helps girls understand these transitions and see that God is with them and at work in all of them at the same time. Free add-on gift with each book.

**You! A Christian Girl's Guide to Growing Up** Nancy N. Rue 2016-05-10 In this fun and interactive book from bestselling author Nancy Rue, all the

questions girls 8 to 12 ask about their changing bodies and growing up are answered, along with advice and health tips designed to help you become the confident, beautiful young woman God created you to be. Whether you're noticing new curves and hair growing where it never did before, or feel like your emotions are always on the surface, you likely have a lot of questions about what is going on inside you ... and what it means. No matter how big the question or how embarrassing it may sound, Nancy Rue is here with answers. *Inside You! A Christian Girl's Guide to Growing Up*, you'll discover: honest answers to your changing-body questions health and beauty tips quizzes and journaling space to help you figure out where you are in your puberty journey medical and spiritual facts on the things you wonder about advice from girls like you who have been where you are Most importantly, you'll discover the true beauty that is revealed as you grow closer to God, and all the things you're going through are actually part of his plan for the beautiful, confident, grown-up you! *You! A Christian Girl's Guide to Growing Up*: can be used as a supplement to school health classes looks at puberty from a Christian perspective helps make adolescence understandable and manageable for young girls features a conversational tone and fun features

**Growing in Christ** The Navigators 2014-02-27 This perennial best-selling discipleship tool contains the classic Bible studies Lessons on Assurance and Lessons on Christian Living in one package—13 lessons in all! These Navigator Bible studies are a great leader's resource to explain the fundamentals of the Christian life. An ideal gift for a new believer or someone who has an interest in Jesus. Tear-out Scripture memory verse cards are included in KJV, NIV, NASB, and NKJV.

**The Ultimate Guys' Body Book** Walt Larimore, MD 2012-03-20 You Mean I Can Ask That? Boys' bodies do the craziest things! They can knock a baseball out to right field or trip in front of class. But at a certain point, those bodies start to grow up and go through some wild changes. You might be wondering things like: Why don't I look like him? How can I get buff without steroids? And how can I handle that talk my parents want to have—you know, the talk? Yikes! *Guy Talk* answers all the important questions you want answers to but would rather not ask, mixing fun with great advice for growing guys.

**Growing Up Social** Gary Chapman 2014-08-25 Has Technology Taken Over Your Home? In this digital age, children spend more time interacting with screens and less time playing outside, reading a book, or interacting with family. Though technology has its benefits, it also has its harms. In *Screen Kids* Gary Chapman and Arlene Pellicane will empower you with the tools you need to make positive changes. Through stories, science, and wisdom, you'll discover how to take back your home from an overdependence on screens. Plus, you'll learn to teach the five A+ skills that every child needs to master: affection, appreciation, anger management, apology, and attention. Learn how to: Protect and nurture your child's growing brain Establish simple boundaries that make a huge difference Recognize the warning signs of gaming too much Raise a child who won't gauge success through social media Teach your child to be safe online This newly revised edition features the latest research and interactive assessments, so you can best confront the issues technology create in your home. Now is the time to equip your child with a healthy relationship with screens and an even healthier relationship with others.

**30 Days to Growing in Your Faith** Max Anders 2021-08-03 FROM THE AUTHOR OF THE BESTSELLER 30 DAYS TO UNDERSTANDING THE BIBLE. Deepen your faith, strengthen your relationship with God, and enrich your life with this practical guide for spiritual growth. In *30 Days to Growing in Your Faith*, Max Anders uses a repetition and response methodology to outline a helpful framework for Christian living. To make a complex topic easier to grasp, this book is divided into three sections that reflect the basics of spiritual growth: KNOW: feed your mind with the truth BE: integrate your life with the lives of other solid Christians DO: get up each day and try your best to do what is true and right Within each of these sections, Max outlines the most important things you need to know, using simple explanations and workbook-style learning to drive biblical truth into the hearts



and minds of those who seek it. Themes like these will be addressed: Eternal perspective and purpose Desired attitudes, values, and behavior Responsibilities as followers of Christ Insightful, engaging, and easy-to-use, 30 Days to Growing in Your Faith balances classic Christian teaching with innovative applications for today, giving you a solid foundation for a lifetime of growing in your faith. If you've been wondering how to engage with God's Word in your daily life, this is a must-read.

**Life Together in Christ** Ruth Haley Barton 2014-10-30 Best Book of Spiritual Formation, from Byron Borger, Hearts and Minds Bookstore Have you joined a church or small group in hopes of experiencing real life change, only to be disappointed? Have you sat through inspiring sermons about what is possible when Christians gather together in mutually edifying relationships, only to recognize how cynical you have become after many failed attempts? Community may be one of the most over-promised, under-delivered aspects of the Christian life today. Individuals remain selfish and stuck in their ways. Communities become spiritually lifeless or even fall apart because we don't know how to experience transformation together. Transforming community does not come primarily from listening to inspiring preaching or adding another church program. It emerges as we embrace a shared commitment to the attitudes, practices and behaviors that open us to Christ in our midst. And that's where Life Together in Christ comes in. Reflecting on the story of the two disciples who meet Christ on the Emmaus Road, Ruth Haley Barton offers this interactive guide for small groups of spiritual companions who are ready to encounter Christ in transforming ways—right where they are on the road of real life.

Growing Up Christian Karl Graustein 2005 Many teens are active in church youth programs, yet drop out of church later in life and never return. Other young adults rest on the merits of their parents' faith without ever experiencing their own relationship with Jesus Christ. In this book, the authors seek to help teenagers who have grown up in Christian homes by reminding them of the blessings of growing up in a Christian home, warning them of some of the dangers they face, providing practical suggestions for avoiding these dangers, and urging them to think and live in a way that pleases God.

**Taking America Back for God** Andrew L. Whitehead 2020 The President of the United States brags about sexually assaulting women, cheats on his wife with Playboy models and porn stars, and claims he's never asked for God's forgiveness. Yet, majorities of both white evangelical and mainline Protestants continue to support him. Why do Americans in these religious groups embrace a politician who seems to violate their basic standards of morality? A megachurch pastor declares on Fox News that he and tens of millions of Americans think that professional football players kneeling for the national anthem should "be thanking God that they live in a country where they're . . . free from the worry of being shot in the head for taking a knee like they would be if they were in North Korea." Why do some Americans conflate God and country? And why do many of these same Americans seem so unsympathetic to the plight of their fellow citizens who are racial or religious minorities? The answer, Andrew Whitehead and Samuel Perry argue, is a strain of thought that they call "Christian nationalism," the belief that the United States is - and should be - a Christian nation. Christian ideals and symbols have long played an important role in American public life, but Christian nationalism demands far more than a recognition of our religious heritage. At its heart, Whitehead and Perry argue, Christian nationalism is about a fight to preserve a particular kind of social order, one in which everyone - Christians and non-Christians, native-born and immigrants, whites and minorities, men and women - recognizes their "proper" place in society. And it is a significant driver of political behavior. In fact, knowing someone's stance on Christian nationalism tells us more about his or her political beliefs than race, religion, or political party. Drawing on national survey data and interviews with Americans across the political spectrum, Taking America Back for God illustrates the tremendous influence of Christian nationalism on debates about the most contentious issues dominating American public life.

**Do I Stay Christian?** Brian D. McLaren 2022-05-24 Dubbed "a heroic gate-crasher" by New York Times bestselling author Glennon Doyle, Brian D.

McLaren explores reasons to leave or stay within the church and if so how... "Brian's new book on remaining Christian knocks it out of the ballpark in terms of framing and naming the questions. I cannot stop reading it. Thank you, Brian!" —Fr. Richard Rohr, OFM, founder of the Center for Action and Contemplation, author of *The Universal Christ* "Any thoughtful Christian has been asking the questions McLaren tackles here, but many of us are afraid to voice them aloud. In *Do I Stay Christian?* we're gifted a gentle guide who opens ideas and voices the questions we cannot, naming our frustration, fear, and hesitant hope." —Rev. Dr. Amy Butler, former Senior Minister, The Riverside Church; Founder, Invested Faith *Do I Stay Christian?* addresses in public the powerful question that surprising numbers of people—including pastors, priests, and other religious leaders—are asking in private. Picking up where *Faith After Doubt* leaves off, *Do I Stay Christian?* is not McLaren's attempt to persuade Christians to dig in their heels or run for the exit. Instead, he combines his own experience with that of thousands of people who have confided in him over the years to help readers make a responsible, honest, ethical decision about their religious identity. There is a way to say both yes and no to the question of staying Christian, McLaren says, by shifting the focus from whether we stay Christian to how we stay human. If *Do I Stay Christian?* is the question you're asking—or if it's a question that someone you love is asking—this is the book you've been waiting for.

*Raising Boys by Design* Dr. Gregory L. Jantz 2013-09-17 Help your son grow into the strong, loving man God created him to be with *Raising Boys by Design*. Packed with doable strategies and eye-opening examples of what's really going on inside a boy's brain, *Raising Boys by Design* offers a practical blueprint to help you build a HERO—one who values Honor, Enterprise, Responsibility, and Originality. Among other things, you'll learn how to help your son: • strengthen his character, resilience, and self-discipline • nurture genuine compassion and empathy • process words and emotions in ways that fit his brain chemistry • succeed in school and hone crucial life skills • develop a healthy perspective of sexuality • avoid the pitfalls of media and technology • embark on a lifelong adventure of faith This unique resource combines the latest research in brain science with timeless truths from the Bible to reveal the deepest needs shared by every boy of faith while also leading you to fresh insights for honoring the unique personality, talents, and God-given design of your son in particular. You can help your son thrive today as the hero he is meant to be when you learn the secrets of *Raising Boys by Design*.

**Be Mature (James)** Warren W. Wiersbe 2010-01-01 Perhaps of all the books in the New Testament, James most squarely focuses on results. His pull-no-punches approach to spiritual maturity, his preference for action over words, makes his text the perfect backdrop for a study of how to grow in our faith. Beloved author and teacher, Warren Wiersbe, leads you through this practical book with advice on how to overcome temptation, controlling the tongue, effective prayer, and how to practice what the Bible teaches. If you're going to make progress in these areas, you will need a growing faith and dependence on Christ because as James claims, "Every good and perfect gift is from above." Now with study questions and updated foreword by Ken Baugh, *Be Mature* makes the perfect guide through your study of James. Trust Warren Wiersbe's 40+ years of experience to instruct you on important truths from God's Word.

*Sex, God, and the Conservative Church* Tina Schermer Sellers 2017-04-21 *Sex, God, and the Conservative Church* guides psychotherapy and sexology clinicians on how to treat clients who grew up in a conservative faith—mired in sexual shame and dysfunction—and who desire to both heal and hold on to their faith orientation. The author first walks clinicians and readers through a critique of Western culture and the conservative Christian Church, and their effects on intimate partnerships and sexual lives. The book provides clinicians a way to understand the faulty sexual ethic of the early church, while revealing the hidden mystical sex and body positive understanding of sexuality of the Hebrew people. The book also includes chapters on strategies for a new sexual ethic, on clinical steps to heal religious sexual shame, and on specific sex therapy interventions clinicians can use directly in their practice. Finally, it offers a four step model for healing religious sexual shame and actual touch and non-touch exercises to bring

healing and intimacy into a person's life.

*Dr Christian's Guide to Growing Up (new Edition)* Dr Christian Jessen 2020-03-05 Dr Christian Jessen tells it like it is, in this upfront and unashamed companion to growing up. Coming to the rescue of parents, boys and girls, Dr Christian is ready to answer all their questions about adolescence, sexuality and puberty. In his assured, no-nonsense fashion, he allays the fears and uncertainties of growing youngsters (and helps parents find answers) about puberty, sex, personal and emotional health and body image. Addressing all those cringey questions parents squirm at answering, Dr Christian's sensible, light-hearted advice guides boys and girls on the path to be coming healthy, happy adults. Covering issues such as: puberty, diet, sex, sexuality, self-esteem/body image, personal health, emotional health and bullying.

**Girls Only! All About Periods and Growing-Up Stuff** Victoria Parker 2011-08-04 The essential girl guide to growing up! Girls Only! focuses on the practicalities, social and personal implications of starting your period, and the physical and emotional developments in puberty. It tells you what happens and when, what you need to know and how to prepare. It answers all the questions girls are dying to ask, but daren't, in a clear, friendly way, using real-life examples. It's the perfect first book about periods for girls from primary school age and upwards, with a reassuring tone and fun, quirky illustrations. The perfect first book about periods for girls of primary school age, information at the right level. Family Interest Parenting *Are You There God? It's Me, Margaret* Judy Blume 2012-03-21 The iconic coming-of-age novel from the beloved author, Judy Blume, whose "name has long been synonymous with young adult fiction" (Los Angeles Times). Now a major motion picture starring Rachel McAdams and Kathy Bates! "Are You There God? It's Me Margaret is very special." —Amy Poehler (Vulture) "Generations of teenage girls have grown up reading the tales of teenage angst told by beloved author Judy Blume." —Mashable Margaret Simon, almost twelve, has just moved from New York City to the suburbs, and she's anxious to fit in with her new friends. When she's asked to join a secret club she jumps at the chance. But when the girls start talking about boys, bras, and getting their first periods, Margaret starts to wonder if she's normal. There are some things about growing up that are hard for her to talk about, even with her friends. Lucky for Margaret, she's got someone else to confide in . . . someone who always listens.

*Single, Gay, Christian* Gregory Coles 2017-08-22 Foreword INDIES Award Finalist IVP Readers' Choice Award In an age where neither society nor the church knows what to do with gay Christians, Greg Coles tells his own story. Let's make a deal, you and me. Let's make promises to each other. I promise to tell you my story. The whole story. I'll tell you about a boy in love with Jesus who, at the fateful onset of puberty, realized his sexual attractions were persistently and exclusively for other guys. I'll tell you how I lay on my bed in the middle of the night and whispered to myself the words I've whispered a thousand times since: "I'm gay." I'll show you the world through my eyes. I'll tell you what it's like to belong nowhere. To know that much of my Christian family will forever consider me unnatural, dangerous, because of something that feels as involuntary as my eye color. And to know that much of the LGBTQ community that shares my experience as a sexual minority will disagree with the way I've chosen to interpret the call of Jesus, believing I've bought into a tragic, archaic ritual of self-hatred. But I promise my story won't all be sadness and loneliness and struggle. I'll tell you good things too, hopeful things, funny things, like the time I accidentally came out to my best friend during his bachelor party. I'll tell you what it felt like the first time someone looked me in the eyes and said, "You are not a mistake." I'll tell you that joy and sorrow are not opposites, that my life has never been more beautiful than when it was most brokenhearted. If you'll listen, I promise I'll tell you everything, and you can decide for yourself what you want to believe about me.

*The Christian Parenting Handbook* Scott Turansky 2013-04-29 With advice on parenting coming from several angles, what do you listen to and what do you ignore? Develop your own biblical philosophy of parenting and use it to filter the many ideas that come your way. In this book you'll learn how to: Identify character qualities to address problems Build internal motivation Transfer responsibility for change to the child Teach kids to be solvers



instead of whiners Use creativity to teach your kids spiritual truths Avoid the “boxing ring” Envision a positive future And much more! With these strategies you’ll be able to move from behavior modification to a heart-based approach to parenting. Instead of relying on rewards, incentives, threats, and punishment, you’ll learn how to identify heart lessons to teach your child and implement them in practical ways. The Christian Parenting Handbook by Dr. Scott Turansky and Joanne Miller, founders of the National Center for Biblical Parenting, compiles fifty parenting principles that use heart-based strategies to teach you how to face daily challenges. When parents focus on the heart, kids learn to ask different questions about life. Instead of asking, “What’s in it for me?” they learn to ask, “What’s the right thing to do?” You’ll soon see how a heart-based approach to parenting looks deeper and brings about greater, lasting change. The daily interaction you have with your children can impact them for the rest of their lives. With these fifty heart-based strategies, you’ll develop your own biblical philosophy of parenting and gain perspective, greater motivation, and confidence that you’re moving in the right direction. As you envision a positive future for your children, they’ll experience hope and direction and you will too. Start applying these principles today!

Spiritual Disciplines for the Christian Life Donald S. Whitney 2014 Drawn from a rich heritage, *Spiritual Disciplines for the Christian Life* will guide you through a carefully selected array of disciplines. By illustrating why the disciplines are important, showing how each one will help you grow in godliness, and offering practical suggestions for cultivating them, *Spiritual Disciplines for the Christian Life* will provide you with a refreshing opportunity to become more like Christ and grow in character and maturity. Now updated and revised to equip a new generation of readers, this anniversary edition features in-depth discussions on each of the key disciplines.

Dr Christian's Guide to You Dr Christian Jessen 2016-05-05 Your teenage years see many changes to your body and your lifestyle. In his usual frank and straightforward fashion, Dr Christian tackles all your worries about growing up stress-free and healthy.

**Parenting Toward the Kingdom** Philip Mamalakis 2016-10-13 The Orthodox Christian tradition is filled with wisdom and guidance about the biblical path of salvation. Yet this guidance remains largely inaccessible to parents and often disconnected from the parenting challenges we face in our homes. *Parenting Toward the Kingdom* will help you make the connections between the spiritual life as we understand it in the Orthodox Church and the ongoing challenges of raising children. It takes the best child development research and connects it with the timeless truths of our Christian faith to offer you real strategies for navigating the challenges of daily life.

The Purpose Driven Life Rick Warren 2012-10-23 Discover and fulfill your God-given purpose by joining the more than thirty-five million others who have embarked on a spiritual journey that started with this #1 New York Times bestselling book by Pastor Rick Warren. Before you were born, God knew what your life had in store for you. His hope for you is to discover the life he created just for you--both here on earth, and forever in eternity. Let Rick Warren guide you as you learn to live out your true purpose. *The Purpose Driven Life* is more than a book; it's a road map for your spiritual journey. Combining thoughtful verses from Scripture with timely stories and perspectives from Warren's own life, *The Purpose Driven Life* will help you discover the answer to one of life's most important questions: What on earth am I here for? Throughout *The Purpose Driven Life*, Warren will teach you to spend time getting to know yourself and your creator in order to live your life to the fullest. Unlocking your true purpose will also reduce your stress, simplify your decisions, increase your satisfaction, and, most importantly, prepare you for eternity. Designed to be read over the course of forty-two days, *The Purpose Driven Life* will help you see the big picture, giving you a fresh perspective on the way that the pieces of your life fit together. Every chapter of *The Purpose Driven Life* provides a daily meditation and practical steps to help you uncover and live out your purpose, starting with exploring three essential questions: The Question of Existence: Why am I alive? The Question of Significance: Does my life matter? The Question of Purpose: What on earth am I here for? Each copy of *The Purpose Driven Life* also includes thoughtful discussion questions, audio Bible

studies that go along with every chapter, and access to a supportive online community, giving you the opportunity to dive even deeper into each life-changing lesson.

**Growing Up Christian** Carl Ellis Nelson 2008 McGuffey's Readers. Public school. Family prayers. In the 1800s, these were primary and successful strategies by which children learned to become Christians. Sunday school was developed to support what was already being done at home and in school. Today many churches still rely on the nineteenth-century model to encourage young people to become disciples of Christ. In *Growing Up Christian*, Dr. C. Ellis Nelson explores why these strategies are inadequate for the twenty-first century and offers practical, specific guidance for congregations who wish to nurture disciples of Christ more effectively. Part 1 describes the pattern of influences that form our images of God. Given the way culture and family influence the rising generation, Part 2 outlines a strategy for nurturing disciples that capitalizes on the persuasive power of the congregation in fellowship, worship, and instruction. A detailed discussion guide further assists congregations who wish to form a study group to assess and improve their Christian education.

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