

Alcoholics Anonymous Cult Or Cure

The Recovery Revolution Claire D. Clark 2017-05-02 In the 1960s, as illegal drug use grew from a fringe issue to a pervasive public concern, a new industry arose to treat the addiction epidemic. Over the next five decades, the industry's leaders promised to rehabilitate the casualties of the drug culture even as incarceration rates for drug-related offenses climbed. In this history of addiction treatment, Claire D. Clark traces the political shift from the radical communitarianism of the 1960s to the conservatism of the Reagan era, uncovering the forgotten origins of today's recovery movement. Based on extensive interviews with drug-rehabilitation professionals and archival research, *The Recovery Revolution* locates the history of treatment activists' influence on the development of American drug policy. Synanon, a controversial drug-treatment program launched in California in 1958, emphasized a community-based approach to rehabilitation. Its associates helped develop the therapeutic community (TC) model, which encouraged peer confrontation as a path to recovery. As TC treatment pioneers made mutual aid profitable, the model attracted powerful supporters and spread rapidly throughout the country. The TC approach was supported as part of the Nixon administration's "law-and-order" policies, favored in the Reagan administration's antidrug campaigns, and remained relevant amid the turbulent drug policies of the late twentieth and early twenty-first centuries. While many contemporary critics characterize American drug policy as simply the expression of moralizing conservatism or a mask for racial oppression, Clark recounts the complicated legacy of the "ex-addict" activists who turned drug treatment into both a product and a political symbol

that promoted the impossible dream of a drug-free America.

Twelve Step Facilitation Therapy Manual Joseph Nowinski
1992

Her Best-Kept Secret Gabrielle Glaser 2013-07-02 Looks at the cultural factors contributing to a rise in alcoholism among today's women and compares today's practices to those of earlier generations while noting the current ineffectiveness of AA and other mainstream treatments.

Addictive Disorders Michael F. Fleming 1992 Focuses on ambulatory care of patients adversely affected by addictive substances such as tobacco and alcohol. Topics include urine drug screening, medical withdrawal and detoxification, smoking cessation strategies, and substance abuse in adolescents, women and elderly patients.

US of AA Joe Miller 2019-04-02 In US of AA, Miller shares the never-before-told story of how in the aftermath of prohibition America's top scientists helped launch a movement that would give rise to a multi-million-dollar treatment industry and a new government agency devoted to alcoholism that has made available millions of dollars for research. Despite the fact that this research showed that alcoholism is a complex disease requiring an array of treatment strategies, among which Alcoholics Anonymous (AA) is one of the least effective, money continued to flow to treatment facilities using approaches similar to AA. Five years in the making, his brilliant, in-depth investigative reporting into the history, politics and science of alcoholism will show how AA became our nation's de facto treatment policy, even as evidence for more effective remedies accumulated. US of AA is a character-driven, beautifully written exposé, full of secrecy, irony, liquor industry money, the shrillest of scare tactics and, at its center, a grand deception. In the tradition of Crazy by Pete Earley, and David Goldhill's Catastrophic Care, US of AA shines a much-needed spotlight on the addiction treatment industry. It will forever change the way we think about the entire enterprise.

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Alcoholics Anonymous 1978

Treatment Matching in Alcoholism Thomas F. Babor 2003

Project MATCH was a large-scale treatment evaluation study established by the U.S. National Institute on Alcohol Abuse to determine whether the treatment of alcoholism could be improved by matching different types of alcoholics with the most appropriate kinds of treatment. This book, edited by the two principal investigators, is the first comprehensive report of Project MATCH, the largest alcoholism treatment study ever conducted. It describes the rationale, methods, results and implications of the study, and presents new findings about how treatment works, for whom it is most effective, and who does best in different kinds of treatment. It also offers some of the first scientific evidence of the effectiveness of Alcoholics Anonymous
DEGR

Evidence-Based Adjunctive Treatments William O'Donohue

2011-04-28 Adjunctive treatments, in which patients are provided additional modalities that can assist in their behavior change or the maintenance of their behavior change (i.e. telehealth, psychoeducation, consumer-driven treatment planning), have a useful role in addressing problems that can't be solved by face-to-face meetings. The adjunctive therapies covered in this book are all based on improving patient's self management of their problems or the factors that exacerbate their problems. The book is broadly organized into two sections. The first gives a broad overview of the major adjunctive modalities and the second concentrates on a systematic description of their role in the treatment of a number of special populations while providing practical suggestions for the timing and coordination for the use of the adjunctive therapies discussed in the book.

If You Work It, It Works! Joseph Nowinski 2015-02-03 Gain a clear understanding of the science and latest research behind the success of the Twelve Steps, a critical program used by millions of people around the world to stay sober and one of the greatest

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social movements of our time. Since the publication of Alcoholics Anonymous in 1939, the Twelve Steps have been central to staying sober for millions of people around the world. Countless recovery and treatment organizations have adopted the Steps as their program for abstaining from addictive behaviors. But recently a growing chorus of critics has questioned the science behind this model. In this book, Nowinski calls upon the latest research, as well as his own seminal Project MATCH study, to show why systematically working a Twelve Step program yields predictable and successful outcomes. Whether you're thinking of joining a Twelve Step group, or simply want to understand the science fueling one of the greatest social movements of our time, this book is for you. As any AA member will tell you, "It works if you work it."

The Freedom to Recover Rolf Ankermann 2013-02-19 You are not powerless! A new paradigm for overcoming alcoholism/addiction is long overdue. For far too long, the recovery community has put forward the notion that the best that anybody suffering from this horrid condition can hope for, is to achieve the status of a "recovering alcoholic". The biggest proponent of this ideology is the organization of Alcoholics Anonymous which puts forth the notion that in order to maintain sobriety one has to live with their disease "one day at a time" for eternity. You do not have to admit your powerlessness or turn your will and life over to any higher power, be that God or AA. The "higher power" to overcome any addiction lies within the individual. The hard truth is the fact that any addiction is a choice. the good news is that the universe bestowed upon the human race the gift of free will. You and you alone have both the right and the responsibility to create your own reality. You have the freedom to recover and within these pages you will be given practical ideas about how to; *Better control the internal dialog that takes place in your mind. *Put the past in its proper perspective and use it as a teaching tool as opposed to allowing it to keep you stuck, or full of guilt and fear.

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*Develop better listening and thinking skills. *Accept the world as it is, in the present, with an eye towards the future. *Become a life-long learner and evolve.

Get Sober Stay Sober Cynthia Perkins 2009 One alcoholic's journey to lasting sobriety and how you can break free with this cutting-edge and holistic recovery approach that gets to the root of alcoholism. Discover how to achieve permanent, craving-free sobriety without the 12 steps, AA, religion or succumbing to powerlessness.

Alcoholics Anonymous Alcoholics Anonymous World Services 1986 The basic text for Alcoholics Anonymous.

Research on Alcoholics Anonymous Barbara S. McCrady 1993

Jolly Lad John Doran 2020-06-23 A memoir about the recovery from alcoholism, habitual drug use and mental illness, from broadcaster, and co-founder and editor of The Quietus website, John Doran. Jolly Lad is a memoir about the recovery from alcoholism, habitual drug use and mental illness. It is also about the healing power of music, how memory defines us, the redemption offered by fatherhood and what it means to be working class. "This is not a 'my drink and drug hell' kind of book for several reasons—the main one being that I had, for the most part, had a really good time drinking. True, a handful of pretty appalling things have happened to me and some people that I know or used to know over the years. But I have, for the most part, left them out of this book as they are not illuminating, not edifying and in some cases concern other people who aren't here to consent to their appearance. Instead this book concentrates on what you face after the drink and the drugs have gone." Jolly Lad is about gentrification; being diagnosed bipolar; attending Alcoholics Anonymous; living in a block of flats on a housing estate in London; the psychological damage done by psychedelic drugs; depression; DJing; factory work; friendship; growing old; hallucinations; street violence and obsessive behaviour—especially regarding music and art.

Self-Help/Mutual Aid Groups and Peer Support Thomasina

Borkman 2021-01-04 Social science research on self-help/mutual aid groups and organizations from 1960 on is reviewed. Voluntary peer-run mutually supportive groups' diversity illustrated through Alcoholics Anonymous, mental health groups and others. Socio-political contexts shape self-help/mutual aid. Borkman's autoethnographic narrative highlights her participation.

Diseasing of America Stanton Peele 1999-02-03 A Controversial Argument Against the Disease Theory of Addiction Diseasing of America is a powerful and controversial rebuttal to the "addiction as disease model" that many vested interests-including doctors, counselors, psychologists, treatment centers, and twelve-step programs that specialize in addiction treatment-don't want you to read."I found the arguments in *Diseasing of America* persuasive and carefully documented. While I find current addiction-treatment models helpful, I think it is critical to look at Stanton Peele's work to question our fundamental assumptions and adjust them on the basis of data."-Jennifer P. Schneider, author of *Back From Betrayal and Sex, Lies, and Forgiveness*, and member of the American Society of Addiction Medicine"A provocative review of the uses and abuses of the disease model in the past three decades. This important book has significantly added to my education and clinical understanding of addiction in my professional practice."-Richard R. Irons, M.D., The Menninger Clinic

Young People and Drinking Arthur H. Cain 1970 Defines alcohol in its various forms and presents statistics and medical arguments for and against drinking.

Heavy Drinking Herbert Fingarette 1989-06-21 *Heavy Drinking* informs the general public for the first time how recent research has discredited almost every widely held belief about alcoholism, including the very concept of alcoholism as a single disease with a unique cause. Herbert Fingarette presents constructive approaches to heavy drinking, including new methods of helping

heavy drinkers and social policies for preventing heavy drinking and the harms associated with it.

When Man Listens Cecil Rose 2008-06-02 Reprint of an edition published in New York in 1937 by Oxford University Press.

Inside Rehab Anne M. Fletcher 2013-02-07 An eye-opening tour of the addiction treatment industry explores the gap between what should happen and what does What happens inside drug and alcohol rehabilitation centers and how rehab works are a mystery to those outside the industry - and sometimes even to those inside it. Anne M. Fletcher is a trusted New York Times bestselling health and medical writer who visited 15 addiction treatment centers—from outpatient programs for the indigent to famous celebrity rehabs; from the sites of renowned Twelve-Step centers to several unconventional programs—to find out what really happens. What she reveals ranges from inspirational to irresponsible, and, in some cases, potentially dangerous. *Real Stories*: As always with her books, Fletcher gets the inside story by turning to real people who “have been there,” interviewing more than 100 individuals whose compelling stories illustrate serious issues facing people in rehab and endemic in the rehab industry today. Connected Writer and Researcher who has earned the respect (and cooperation) of experts throughout the fields she’s taken on. *Inside Rehab* is no exception—Fletcher has interviewed more than 100 professionals working in the field, including a mix of rehab staffers and administrators as well as leading academics. Rehab is constantly covered in the media, as celebrities battle their drug and alcohol issues in the spotlight and reality TV puts recovery in prime time. Addiction is no longer only a personal struggle—it’s a pop culture phenomenon. *Myth Busting*: Fletcher exposes twelve supposed facts for the falsehoods they are, including “rehab is necessary for most people to recover from addictions;” “highly trained professionals provide most of the treatment in addiction programs;” and “drugs should not be used to treat a drug addict.” Fletcher’s most

important finding is the alarming discrepancy between the treatments being employed at many rehab centers and the treatments recommended by leading experts and supported by scientific research. *Guidance and Practical Solutions: Inside Rehab* also highlights what is working, spotlights state-of-the-art programs and practices, and offers advice and guidance for people seeking quality care and treatment for themselves or those they care about. *Inside Rehab* is the first book to give readers a thoughtful, sensitive, and bracingly honest insider's view of the drug and alcohol rehab industry in America. For people seeking quality care for themselves or a loved one, *Inside Rehab* is essential reading, offering a wealth of accurate information and wise guidance.

Rational Recovery Jack Trimpey 1996-11 Offers a self-recovery program for substance abuse based on the Addictive Voice Recognition Technique.

Alcohol Mark Edmund Rose 2011-12-08 The definitive guide to the effect of alcohol on people, families, communities, and society, written by two of America's leading experts on alcoholism and its impact. Throughout history, and across cultures, alcohol has affected the fabric of society through abuse and addiction, contributed to violence and accidents, and caused injuries and health issues. In *Alcohol: Its History, Pharmacology, and Treatment*, part of Hazelden's Library of Addictive Drugs Series, Cheryl Cherpitel, DrPH, and Mark Rose, MA, examine the nature and extent of alcohol use in the United States, current treatment models and demographics, and the biology of alcohol, addiction, and treatment. In separating fact from fiction, Cherpitel and Rose give context for understanding the alcohol problem by tracing its history and different uses over time, then offer an in-depth look at the latest scientific findings on alcohol's effects on individuals the myths and realities of alcohol's impact on the mind the societal impacts of alcohol abuse as a factor in violence and accidents the pharmacology of pharmaceutical treatments for

alcoholism the history of treatment and current therapeutic treatment models Thoroughly researched and highly readable, Alcohol offers a comprehensive understanding of medical, social, and political issues concerning this legal, yet potentially dangerous, drug.

The Freedom Model for Addictions Steven Slate 2017-11-20
The Biology of Desire Marc Lewis 2015-07-14 Through the vivid, true stories of five people who journeyed into and out of addiction, a renowned neuroscientist explains why the "disease model" of addiction is wrong and illuminates the path to recovery. The psychiatric establishment and rehab industry in the Western world have branded addiction a brain disease. But in *The Biology of Desire*, cognitive neuroscientist and former addict Marc Lewis makes a convincing case that addiction is not a disease, and shows why the disease model has become an obstacle to healing. Lewis reveals addiction as an unintended consequence of the brain doing what it's supposed to do—seek pleasure and relief—in a world that's not cooperating. As a result, most treatment based on the disease model fails. Lewis shows how treatment can be retooled to achieve lasting recovery. This is enlightening and optimistic reading for anyone who has wrestled with addiction either personally or professionally.

Provocations Chaz Bufe 2014-10-01 *Provocations* is a collection of Chaz Bufe's writings on anarchism, atheism, religion, Alcoholics Anonymous, political and religious cults, new age nuttiness, political and social repression in the United States, the phoniness of contemporary "libertarianism," and roads to change. The tone ranges from the serious and analytical to the sarcastic and darkly humorous in this wide-ranging exercise in critical thinking.

[The Twelve Steps and the Sacraments](#) Scott Weeman 2017-11-10
Winner of a 2018 Catholic Press Association Award: Sacraments. (Second Place). In the first book to directly integrate the Twelve Steps with the practice of Catholicism, Scott Weeman, founder

and director of Catholic in Recovery, pairs his personal story with compassionate straight talk to show Catholics how to bridge the commonly felt gap between the Higher Power of twelve-step programs and the merciful God that he rediscovered in the heart of the sacraments. Weeman entered sobriety from alcohol and drugs on October 10, 2011, and he's made it his full-time ministry to help others who struggle with various types of addiction to find spiritual wholeness through Catholic in Recovery, an organization he founded and directs. In *The Twelve Steps and the Sacraments*, Weeman candidly tackles the struggle he and other addicts have with getting to know intimately the unnamed Higher Power of recovery. He shares stories of his compulsion to find a personal relationship with God and how his tentative steps back to the Catholic Church opened new doors of healing and brought him surprising joy as he came to know Christ in the sacraments. Catholics in recovery and those moving toward it, as well as the people who love them will recognize Weeman's story and his spiritual struggle to personally encounter God. He tells us how: Baptism helps you admit powerlessness over an unmanageable problem, face your desperate need for God, and choose to believe in and submit to God's mercy. Reconciliation affirms and strengthens the hard work of examining your life, admitting wrongs, and making amends. The Eucharist provides ongoing sustenance and draws you to the healing power of Christ. The graces of Confirmation strengthen each person to keep moving forward and to share the good news of recovery and new life in Christ. Weeman's words are boldly challenging and brimming with compassion and through them you will discover inspiration, hope, sage advice, and refreshingly practical help.

Narratives of Addiction Kevin McCarron 2022-01-03 *Narratives of Addiction: Savage Usury* is the first book to argue, in the face of more than a century's received wisdom, that drug addiction and alcoholism are undoubtedly evidence of individual moral flaws. However, the sense of morality that underlies this book is

completely severed from Christianity. Instead, it is influenced in particular by the writings of the nineteenth-century German philosophers Arthur Schopenhauer and Frederick Nietzsche, both of whom insisted that a genuine morality was actually incompatible with Christianity. The sequence of chapters moves from addictions on the streets, into rehab clinics, and finally into the meetings of Alcoholics Anonymous and Narcotics Anonymous. This is the first book to argue that the search for pleasure drives alcoholism and drug addiction and not the “numbing of pain”. Throughout the book I reject the claims of the medical profession, as embodied by the American Medical Association, that drug addiction and alcoholism are diseases, and further argue that they do not have the authority to tell hundreds of millions of Americans that addiction is not a moral failing. I also query throughout the book the claims of neuroscience, psychology, and the social sciences that addictions to alcohol and drugs are attributable to causes that their specific disciplines are best suited to understand. I argue that there is nothing complex about addiction: it is a simple behavioural disorder. The language routinely employed to discuss addiction is similarly not complex, just confused, and so it is also the rhetoric of addiction discourse, especially its use of simile, metaphor and euphemism, that this book evaluates.

The Small Book Charles Hurst 2021-01-30 When one walks into a twelve-step recovery center for alcoholic addiction, he will be told to look to the person to the left and right. The sages will then declare these are who won't succeed in their recovery. The results from the continued Alcoholics Anonymous fare not much better. Regardless of steps, guidelines, sponsors, creeds and mantras, the fact is most will fail in their quest to beat their addiction to alcohol. But what if I told you there was a more effective way to end an addiction than traditional twelve-step programs? My name is Charles Hurst. I began drinking at eighteen years old and had become heavily addicted by age

twenty-seven. After thirteen years of being in the moderate to late stages of alcoholism, I defeated the addiction at age forty. And I have been clean and sober for well over a decade. I didn't beat the addiction by embracing the Alcoholics Anonymous philosophy but by directly rejecting it. I didn't envision a life spent in their rooms, chanting like a cult member and rehashing my former terrible life in-between cookies, coffee and cigarettes. The rooms which eventually become a lifelong prison sentence for the few who actually stay sober. I believed I could recreate myself with simple steps through the stages of recovery. A recovery where after two years I claimed complete and total cure from the addiction. A cure that has remained with me to this day. If you or someone you know has become addicted to alcohol, would you chance a program where it is a given that most will fail? Or would you rather pursue a method that gives complete recovery? The Small Book: How I Beat Alcoholism and Why Alcoholics Anonymous Doesn't Work, explains the fallacy and failure of the AA mindset and why so many in traditional twelve-step programs return to the bottle. It shows how to navigate through the early horrific waters of acute detox and the beginning of the long protracted withdrawal phase to the two year mark of cure. And finally, how to develop a mindset that will leave the horrors of addiction in the past so the former addict can begin the road to the reinvention of being.

12-Step Addiction Treatment Hans Durrer 2011-08 Essay from the year 2010 in the subject Medicine - Therapy, grade: with merit, University of Stirling, language: English, abstract: A comprehensive literature review was undertaken that was compared to the author's own AA-experience in various cultures. The search was neither restricted to a specific time period nor were language restrictions employed. Studies published in peer-reviewed, academic journals as well as books and websites were selected on the basis of "usefulness" in regards to the research question. After establishing what AA is, the essay examined

whether AA works. It found that AA differs substantially in regards to other treatment approaches by its "acting into thinking"-philosophy. The efficacy of AA could not be proven by employing a cause-and-effect methodology. Moreover, the complexity of human behaviour as well as the fact that AA is not practised uniformly raises many seemingly unanswerable methodological problems and it remains questionable whether AA treatment and outcomes can be measured by a cause-and-effect method. Testimonies of personal experience as well as for centuries practised human wisdom seem however to suggest that AA does work - for the ones who work the programme, that is.

12-step Horror Stories Rebecca Fransway 2000 Since leaving Alcoholics Anonymous after 17 wasted years, Fransway has devoted herself to exposing horrifying first-person accounts of physical, sexual, and emotional abuse in 12-step programs.

The Sober Truth Lance Dodes 2014-03-25 An exposé of Alcoholics Anonymous, 12-step programs, and the rehab industry—and how a failed addiction-treatment model came to dominate America. AA has become so infused in our society that it is practically synonymous with addiction recovery. Yet the evidence shows that AA has only a 5-10 percent success rate—hardly better than no treatment at all. Despite this, doctors, employers, and judges regularly refer addicted people to treatment programs and rehab facilities based on the 12-step model. In *The Sober Truth*, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases. He also pores over the research to highlight the best peer-reviewed studies available and discovers that they reach a grim consensus on the program's overall success. But *The Sober Truth* is more than a book about addiction. It is also a book about science and how and why AA and rehab became so popular, despite the discouraging data. Dr.

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Dodes explores the entire story of AA's rise, from its origins in early fundamentalist religious and mystical beliefs to its present-day place of privilege in politics and media. The Sober Truth includes true stories from Dr. Dodes's thirty-five years of clinical practice, as well as firsthand accounts submitted by addicts through an open invitation on the Psychology Today website. These stories vividly reveal the experience of walking the steps and attending some of the nation's most famous rehabilitation centers. The Sober Truth builds a powerful response to the monopoly of the 12-step program and explodes the myth that these programs offer an acceptable or universal solution to the deeply personal problem of addiction. This book offers new and actionable information for addicts, their families, and medical providers, and lays out better ways to understand addiction for those seeking a more effective and compassionate approach to this treatable problem.

Emotional Sobriety A.A. Grapevine Inc 2006

The Essential Handbook of Treatment and Prevention of Alcohol Problems Nick Heather 2004-02-06 The last three decades have seen an explosion of social, psychological and clinical research to identify effective strategies to prevent and treat alcohol-related problems. This "Essential Handbook" contains an updated selection of reviews of "what works" drawn from the critically acclaimed International Handbook of Alcohol Dependence and Problems. Selected specifically for health and other professionals, who need to provide effective responses in their work, these authoritative, science-based reviews are a distillation of the more practical elements, designed to save time for the busy practitioner.

Resisting 12-step Coercion Stanton Peele 2000 Every year, over one million Americans are coerced into 12-step treatments. Peele, a psychologist, attorney, and outspoken critic of the addiction treatment industry, provides intellectual, practical, and scientific background for lay people and professionals to fight against

coerced referrals to 12-step addiction treatment and groups. He refutes the disease concept of alcoholism and addiction, describes ways people are coerced into treatment, analyzes evidence for the effectiveness of 12-step treatment, and looks at alternatives. Annotation copyrighted by Book News, Inc., Portland, OR.

Heroes of Early Black AA Glenn Chesnut 2017-07-02 The stories of the first heroic black men and women who joined Alcoholics Anonymous, told wherever possible in their own words, recorded freely and frankly. The story begins with St. Louis (January 24, 1945); followed by Chicago (March 20, 1945), along with the factory and foundry towns which spread eastwards as suburbs. Later that same year (April 1945) came the story of Dr. James C. Scott, Jr., M.D., the black physician who founded the first black A.A. group in the nation's capital, and was the first black A.A. member to get his story in the Big Book. The book concludes with the story of Joe McQuany (March 10, 1962) of the Joe and Charlie tapes, the most famous black figure in A.A. History. The lives of thousands and thousands of alcoholics around the world were saved by listening to recordings of his careful page-by-page explanation of the message of the Big Book. The powerful spiritual messages of all these brave men and women struck the hearts of everyone who heard them speak.

Alcoholics Anonymous Charles Bufe 1997-12-01 This well researched, painstakingly documented book provides detailed information on the right-wing evangelical organization (Oxford Group Movement) that gave birth to AA; the relation of AA and its program to the Oxford Group Movement; AA's similarities to and differences from religious cults; AA's remarkable ineffectiveness; and the alternatives to AA. The greatly expanded second edition includes a new chapter on AA's relationship to the treatment industry, and AA's remarkable influence in the media.

Back to Basics Wally P. 1998-01-01

The Urge Carl Erik Fisher 2022-01-25 Named a Best Book of the

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Year by The New Yorker and The Boston Globe An authoritative, illuminating, and deeply humane history of addiction—a phenomenon that remains baffling and deeply misunderstood despite having touched countless lives—by an addiction psychiatrist striving to understand his own family and himself “Carl Erik Fisher’s *The Urge* is the best-written and most incisive book I’ve read on the history of addiction. In the midst of an overdose crisis that grows worse by the hour and has vexed America for centuries, Fisher has given us the best prescription of all: understanding. He seamlessly blends a gripping historical narrative with memoir that doesn’t self-aggrandize; the result is a full-throated argument against blaming people with substance use disorder. *The Urge* is a propulsive tour de force that is as healing as it is enjoyable to read.” —Beth Macy, author of *Dopesick* Even after a decades-long opioid overdose crisis, intense controversy still rages over the fundamental nature of addiction and the best way to treat it. With uncommon empathy and erudition, Carl Erik Fisher draws on his own experience as a clinician, researcher, and alcoholic in recovery as he traces the history of a phenomenon that, centuries on, we hardly appear closer to understanding—let alone addressing effectively. As a psychiatrist-in-training fresh from medical school, Fisher was soon face-to-face with his own addiction crisis, one that nearly cost him everything. Desperate to make sense of the condition that had plagued his family for generations, he turned to the history of addiction, learning that the current quagmire is only the latest iteration of a centuries-old story: humans have struggled to define, treat, and control addictive behavior for most of recorded history, including well before the advent of modern science and medicine. A rich, sweeping account that probes not only medicine and science but also literature, religion, philosophy, and public policy, *The Urge* illuminates the extent to which the story of addiction has persistently reflected broader questions of what it means to be human and care for one another. Fisher introduces

us to the people who have endeavored to address this complex condition through the ages: physicians and politicians, activists and artists, researchers and writers, and of course the legions of people who have struggled with their own addictions. He also examines the treatments and strategies that have produced hope and relief for many people with addiction, himself included. Only by reckoning with our history of addiction, he argues—our successes and our failures—can we light the way forward for those whose lives remain threatened by its hold. *The Urge* is at once an eye-opening history of ideas, a riveting personal story of addiction and recovery, and a clinician's urgent call for a more expansive, nuanced, and compassionate view of one of society's most intractable challenges.

The Cambridge Handbook of Substance and Behavioral Addictions Steve Sussman 2020-08-06 Written by leaders in the addictions field, 100 authors from six countries, this handbook is a thoroughly comprehensive resource. Philosophical and legal issues are addressed, while conceptual underpinnings are provided through explanations of appetitive motivation, incentive sensitization, reward deficiency, and behavioral economics theories. Major clinical and research methods are clearly mapped out (e.g. MRI, behavioral economics, interview assessments, and qualitative approaches), outlining their strengths and weaknesses, giving the reader the tools needed to guide their research and practice aims. The etiology of addiction at various levels of analysis is discussed, including neurobiology, cognition, groups, culture, and environment, which simultaneously lays out the foundations and high-level discourse to serve both novice and expert researchers and clinicians. Importantly, the volume explores the prevention and treatment of such addictions as alcohol, tobacco, novel drugs, food, gambling, sex, work, shopping, the internet, and several seldom-investigated behaviors (e.g. love, tanning, or exercise).

Not God Ernest Kurtz 2010-03-26 A fascinating, account of the

discovery and program of Alcoholics Anonymous, Not God contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of AA's early figures. The most complete history of A.A. ever written. Not God contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of A.A.'s early figures. A fascinating, fast-moving, and authoritative account of the discovery and development of the program and fellowship that we know today as Alcoholics Anonymous.

Alcoholics Anonymous Cult Or Cure :

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